

April Minutes

GIFCT-US Board Meeting

Thursday, April 21, 2022

4pm Eastern/3pm Central/2pm Mountain/1pm Pacific & AZ

Join Zoom Meeting

<https://us06web.zoom.us/j/82806273292?pwd=elozaXlzL3NZZHFGNmtqVkp2c2FBdz09>

Meeting ID: 828 0627 3292

Passcode: 011499

GIFCT-US Mission:

The core mission of the organization is to lead the application and growth of Choice Theory to create a world in which people make responsible, respectful choices and build healthy, fulfilling relationships by applying the concepts of Choice Theory.

Governance – Mission/Direction/Policy/Assessment:

1. Establish a Quorum:

x:00

(12 voting members, quorum requires 7 to be present)

| | | | | | | |
|----------------------------------|---|---|---|----|----|----|
| Number of voting members present | 7 | 8 | 9 | 10 | 11 | 12 |
| Number of votes to carry motion | 5 | 5 | 6 | 6 | 7 | 8 |

Voting members: Sharon Carder-Jackson, Gloria Cissé, Vicky Harris, Mary Hestand, Judith Klefman, Doug Lormand, Jan Moré, Kathy Randolph, Sue Tomaszewski, Steve Tracy

Non-voting attendees: Lois DaSilva Knapton, Brian Patterson

Absent: Lauren Joyce, Les Triche, Shurti Tekwani,

Mary Hestand entered at 4:18 pm

Doug Lormand left at 4:30 pm

Gloria Cisse left at 5 pm

2. Approvals:

- a. March 17, 2022 meeting minutes. Judith suggested changes to the meeting notes. Changes were made. Motion to accept minutes with proposed changes was made by Judith and second by Sharon. Vote was all in favor, no opposed or abstained. Motion passed.
- b. Treasurer's Report: Stephen Tracy provided treasurers report. Motion to accept treasurers report was made by Gloria, 2nd by Kathy. All in favor, no opposed or abstained. Motion passed.

3. Board Activity:

- a. Governance Committee – Jan
Discuss bylaws changes. Vicky made a motion to table the discussion until Jan and Stephen could talk about the wording. Stephen seconded the motion. All in favor, no objections or abstentions. Motion passed.

Board Affirmation: Board affirmation form to be completed soon and in the board course.

Lauren—student—per Stephen she is still interested in working on the board. Jan and Stephen will make an appointment with Lauren to discuss her participation.

- b. Program Committee – Sue stated no updates
- c. Talent Committee - Brian
 - i. Board Search Committee – Judith, Kathy, Mary
 1. Working on the search committee letter.
 2. 2 recent applications from Jan's newsletter.
 3. Committee needs a list of the skill sets of current Board members.
- d. Fundraising Committee – Jan and Vicky
 1. Grant writing, waiting till after the conference.
 2. One meeting with several people.
 3. Jan and Jim Mishler have talked and Jim has a number of great ideas.
 4. Gloria Cisse is very involved in implementing Choice Theory within her counseling business.
 5. Steve Hammond is offering to help.
 6. We have matching donor up to \$25, 000. Already received \$10,000 in donations for this year.
- e. Finance Committee – Steve: No additional information.

Committee Reports & Other Business:

- I. Executive Director – Brian Patterson
 - Brian reported he is doing a conference next week with the Deming Glasser CT manager workshop. He reported working with a PHD student from James Madison University, Marcus Hubbard. The student has already written some papers on CT leadership. Mr. Hubbard asked Brian help with preparing his dissertation on CT Leadership and looking for an organization he can work with as kind of an experiment.
 - Working with the Felix with the Mississippi Youth Challenge organization for at risk kids. We have a PO number. It's a National Guard camp for at-risk kids. The organization wants their staff trained in CT.
 - Tomorrow working with Jean Suffield and Nancy Herrick in Canada for a Basic Instructor Course to finish his Senior Faculty status.
 - Two chaplains have been contacted who are looking for help with the mental health portion of their programs. The Tactical Chaplin program is wanting help in training their officers to work more with the mental health portion of their program.
 - Followed up with Kent Stroman to get some ideas on what I can do better for the organization.
 - Has gotten calls from Singapore and Iran. Referring them to Kim Olver. Hopes they are being contacted.
 - Providing my own Basic Intensive Week June 24, 2022.
 - Email from a school counselor and wants a training program to assist her. Questions how to get the resources to people more quickly. Jan suggested we update our therapist directory and start sending it out to people.
 - Brian ended his report.

Sue asked how the Quality School committee can help with calls or emails. Sharon mentioned referring people to the Little Book of Choice Theory. Jan has already tried to contact the person who emailed the request for help. Brian will continue to follow up with her. Brian stated he gives resources and triages the situations.

CEU & NBCC question – Gloria and Jan will work with Denise on the CEU issue. It is 1 clock hour equals 1 CE. Presenters must have a master's degree to have their session count for CE. Asynchronous CE are viewing the sessions after the conference. Synchronous CE's is where you attend the conference. Gloria mentioned she is appreciative of Vicky's efforts and felt she was a rock star for her work.

2. Rep to WGI International – Shruti did not provide a report. Information was obtained by Jan at a Financial Committee meeting. WGI has 2 new courses for faculty members: Procedures for Change and Realty Therapy for treatment. All faculty members should have access to the courses. Essentially basic intensive courses and cost is the same. They are for helping professions, not counselors. WGI is asking if we teach the course to give money back to WGI. Sue asked who can teach it and what do they get out of the course. Jan can ask further questions to WGI if needed.

International Conference is open in Japan. Signing up for virtual access. \$250.00 by 4/30/2022 or \$300 after 4/30/2022.

3. Conference Planning Committee: Vicky
 - Vicky requested Brian's help with what he needs from her for the upcoming conference as she stated she is not a Zoom person. There are 27 people registered. Jim Mishler is working on getting the email back up and running for the Midwest and we will send out the conference flier shortly. Can each region send out to all their email addresses? Looking to get 10-15 more people added. This conference was thrown together very quickly, doing the best we can.
 - National Conference 2022 – April 30, 2022 Jim Mishler is working on getting the email back up and running and we will send out the announcement to the Midwest region and GIFCT.
 - National Conference 2023 – July 2-7, 2023 – St. Louis: The Executive Committee met with Laura and a hotel in St. Louis was chosen. Laura is to get the contract from the St. Louis Hyatt.
 - International Conference 2024 – July 2024: Jan is working with Laura on refining the food contract and the Palmer House request. Vicky stated Jan is amazing with details and narrowing down the choices. Jan wants lunches at this price and other items at a certain price. Including the dinner cost. Jan has a note in with Kim for a schedule. Vicky will check to see if Kim sent the schedule to her. Vicky stated we are still in a good place to sign and have a place chosen with time to get a power point to the Japan group.
 - Board retreat in February 2023: Looking for an affordable location in Phoenix re Brian's request. Information is being worked out.
 - Hybrid conference was discussed with in person and virtual. The cost may need to be split with WGI for the International. Goal is to do hybrid. Sponsors may need to happen to cover the cost.
4. Training Coordinators—Sharon and Sue: Presentation on May 5. Will look at faculty training after that. Waiting on the bylaw changes. Looking for people who want to be faculty training supervisors. Most likely virtual.
5. Counseling Committee—Vicky Harris and Gloria Cisse. No new information at this time.

6. Marketing Committee--Steve Tracy Met on March 22. Got 2-3 leads from his email request. Developing marketing materials. Going to be talking about social media alternatives. Les Triché and Steve are very close to have a basic intensive week with the Connecticut Department of Child Services. Will be for 15 youngsters in foster care. 1st virtual training will be May 4th. Hoping for a positive response from the youngsters. Sue asked to be kept in the loop as it is a program committee goal to work with the foster care population.
7. Membership Committee: Judith would like to do a survey of the membership to see what the benefits are to being a member. May give us information on why some are not renewing.
8. Affiliate Committee: Brian stated he is starting the committee to review materials and is working with Bob Wubbolding and wants to check with Jim Roy to see if he will participate. Any suggestions for folks that want to review material. Judith mentioned Marty Price may be interested.
9. Glasser Quality Schools Committee—Jim Mishler submitted a report.
 - The GQSC Monthly Forum Call for April (now scheduled for May 5 due to scheduling conflicts.) This month's call is titled, "***If You Are Not A Winner Are You A Loser?***".
 - Worked with Jan and Denise on several updates to the QS portion of the GIFCT WEB page
 - Ashby Kindler has spearheaded work with St. Patrick's in Virginia to complete a renewal and continued co-verification of their Glasser Quality School Process.
 - Beginning work with Grand Traverse Academy on their renewal process.
 - Discussed at length ways to publicly recognize our registered Quality schools from both the Committee level and the GIFCT-US level.
 - Our last Quality School call will be in Late May or early June. At which point we will go into summer mode and plan for next year.
10. Regional Updates
 - Mid-American Region—Kathy Randolph
 - Midwest Region—Victoria Harris
 - GIFCT Midwest Regional Conference
"Sustainability"
Saturday, June 25, 2022
9 am to 3:30 pm (lunch & snacks provided)
Midwest Region Board Meeting starts right after the conference
Keynote Speaker: Dr. Robert Wubbolding
Other Speakers: Brian Patterson, GIFCT Executive Director
Jan More, GIFCT Board Chairperson
Victoria Harris, GIFCT Midwest Region President
Jim Mishler, Quality School Chairperson
Location: Calvary Christian School, 3639 S. Keystone Ave. Indianapolis, IN.
Cost \$50.00. Registration for in person and Zoom.
 - Mountain Region open
 - Northeast Region—Steve Tracy
 - Annual meeting April 26, 2022 virtually.
 - Election of one officer.
 - Northwest Region--Judith Ashley Klefman
 - March Gathering
 - Invited speaker for April meeting
 - Sent invitation out to mailing list for both March and April meetings
 - Meets the 4th Saturday of the month, 10:30 am pacific daily time, currently on zoom.
 - Starting in May we will have speakers/presenters. Gloria will be doing the May meeting.
 - West Region--Les

Southeast Region—Gloria Cisse
Sunbelt Region—Mary Hestand

New information:

Switching to a consent agenda and meeting: Jan stated in further discussion with Kent Stroman, he has suggested GIFCT-US begin using a Consent Agenda. He suggested we have all the reports sent out early for board members to read and be familiar with. All information will be put in the board member course. All the reports will become the consent agenda. Everyone will have 2 weeks to review the information. If we want more information we will need to contact the person who wrote the report. If questions are not answered, that report will be pulled out of the consent agenda. We will discuss the items taken out of the consent agenda. We will approve all the documents at one time.

Using this approach will reduce the time spent at the board meeting. We are putting all of our sub-committees underneath one of the 5 major committees.

Vicky and Jan shared what a consent agenda and minutes will look like and discussed how the meeting will be run.

Steve recommended that “consent agenda” be listed and bullet points for everything that is included in voting for consent agenda. You can object to something by notifying Jan before the meeting or at the start of the meeting. Both consent documents Kent sent Jan and Vicky will be shared with other board members via the Board Member Course. Discussed spending time in committee meetings and less time in board meetings. Sue felt going to the consent agenda type meeting is ultra-business like and not relationship direction which she is used to. She feels it’s such an extreme difference. Vicky stated Kent suggested we have a social time prior to the meeting. As soon as there is a quorum then Jan would call the meeting to order. If there is not a quorum, we have to immediately end the meeting. Brian mentioned the relationship building should be done in the committee meetings. He stated he liked the social hour prior to the meeting. WGI allows for quarterly board meetings.

Jan mentioned that she is working on getting the bank account information resolved.

Jan mentioned that she wants us to be aware if we are using connecting habits and not the disconnecting habits during our meetings. .

Adjourn

Next Meeting:

May 19, 2022
at 4 pm Eastern/3 pm Central/2 pm Mountain/1 pm AZ & Pacific

Motion to Adjourn Stephen thanked Jan for ending the meeting on time and Jan second. Motion to adjourn was approved by everyone.

Minutes written by Victoria Harris, GIFCT Secretary of the Board.

Brian Patterson

Signature

Brian Patterson
Executive Director

Janette M. Moré

Signature

Janette Moré
Board President