

WGI-US Board Meeting Minutes

August 4, 2016

1 pm Eastern/12 pm Central/11 am Mountain/10 am Pacific

Call 712-432-3900; Access Code: 165843#

Present: Kim Olver, Nancy Buck, Shruti Tekwani, Mike Rice, Sue Tomaszewski, Willa Casstevens, Jim Mishler, Sharon Carder-Jackson, Dave Betz

Absent: Jan More, Terri Allen, Jerry Noel, Conry Davidson

1. Approve June's minutes
 - a. Do we have any minutes from July in Korea? No. We did not have a meeting in Korea because we didn't have enough people for quorum. We are going to take a look at June minutes and revisit to approve. Shruti's emails have been going to people's spam folders. Shruti will use her gmail so that we can avoid this issue in the future.
2. Always keep in Mind: Revenue streams, Research, Value-Added for Members, Quality
3. Treasurer's Report – Jan. Jan wasn't able to make the meeting but she sent us her report via email. BIG kudos to Jan for the report she sent out. Thank you to Willa as well! We really appreciate the details of the report that was sent to us. It will help in the planning.
4. Nancy brought up the added agenda item. Does anyone have anything else to add? Willa wants to make sure the conference planning is discussed. The content was emailed to us by Willa. Nancy proposed adding this item to the agenda permanently so people can add in whatever they think needs addressing. Will says it was Jan 😊 Mike motions to accept and Jim seconds.
Sharon 4
Mike 4
Dave 4
Jim 4
Willa 4
Sue 4
Kim 5
5. 2017 in-person meeting. Kim will talk to Jan about how we can increase income and reduce expenses. The majority of money from trainings coming in during the summer. We don't need to make a decision about Dallas now. Kim would like the opportunity to go over the budget with Jan before making a decision about Dallas. There is something to be said about new members meeting face to face and getting to know each other. Can we use another portal? Google hangouts, gotomeeting? Kim will talk to Jan about budget items including the in-person meeting as well as the per person cost for the conference.
6. SE Conference news – Willa – report submitted
 - a. Contract – signed
 - b. Peter Breggin - \$3000 + expenses . He has confirmed yes.

How do we involve the region in the conference? Kim has planned the last 2 US conferences. If Willa has people in the region that are willing to help out, that's wonderful. It's great that Jan is helping with the financials. Kim has asked Denise is going to create a logo. Willa asks that the logo be ready within the next month so it can be used for advertising, etc. For the Keynote speakers, the board would like to know before they are asked. The platform for setting things up-we have a surveymonkey already set up for conferences. We would just need to activate it. Kim usually writes an email to members (ex-call for proposals). Kim can send Willa the link and take a look at the questions. Will was thinking of something else when she brought up the platform. She was thinking of a platform that would handle proposals and a blind review. Currently a platform of the type Willa is thinking does not exist for us. Kim will send Willa the surveymonkey link and Willa would look it over before we send it out. Sue suggests creating a committee using a rubric for reviewing proposals.

We talked about having tracks at the conference. Kim has been conscious about not putting new presenters up against well known and seasoned presenters so that the crowd is spread evenly. We talked about having tracks on separate days, so that there is a specialized track on certain days. It might be worth trying.

When we ask for proposals, it's important to know those who are licensed so we know about NBCC credits and giving them out. It's good to know for CEU's. Anyone can present on any topic; we just want to make sure we have CEU qualified people on any given track day so that people coming only on one day would get their CEU requirements met.

Do speakers get compensation? No. One time we subsidized a keynote because he wasn't a member anymore. Everyone pays registration and their own expenses.

Do we want to have a diversity panel? Willa will talk to her programming committee about that.

At lunch (or before or after) regions like to get together during the conference on of the days. That way there is time built in for a regional meeting. On the last day, the chair of the following WGI conference talks about the conference. Juan Pablo might be there to talk about the 2018 conference in Bogota. If he isn't there, Kim and whoever is there from the WGI board can talk about it. It usually happens on the last lunch day.

We usually have a session toward the end that includes the WGI-US board. After one of the lunches we have time where people can ask questions, etc. It has been called "conversations with the board" and it's one of the session options, so people can choose to go to another session if they would like. The reason we do this as a part of the

sessions is so that if people from outside the organization attend, they are not bored during the “conversations with the board”.

Are we planning a night out? And if we are, will we need bus transportation? Something the hotel suggested is a dinner in downtown Raleigh. People just go and everyone splits up and eats where they want.

Willa would need to know if people want a tour of the school so she can plan ahead.

7. GQS rubric be released. Sue is going to send it to Kim. Bob has given it out to schools in Florida. There are people interacting with it 😊
8. What are we doing right? How can we do better?

Evidence-based practice!!!!!! Beverly LaFond, Mike Fulkerson, and Janet Morgan led this initiative. Other people helped as well. HUGE kudos to everyone involved!

1002 downloads of the app last July! A reminder that the app is there and to spread the love.

Nancy would like to propose that we as a board write an official thank you letter to the evidence based people for all their hard work. We could also do a congratulatory letter to Marsha for the app. Sue second's Nancy's motion.

Sharon 4

Mike 4

Jim left for an appointment

Willa 4

Sue 4

Nancy 4

Kim said she would do this. She will send it to Nancy.

What we can do better:

Nancy isn't sure that we do enough recognition and acknowledgement.

Sue is wondering if we should assign times to items on the agenda so we aren't stuck on any particular topic. Something we can try is that each person is assigned an item and that person keeps track of the time it takes. Some of us are under the impression that the meeting is 2 hours long. We schedule 3 hours hoping to be done in 2. It would also help to have a parking place.

9. Rubric for deciding on instructors in the future. Jim is back on the call! Jim started putting something together and will send it to Kim.
10. Board Selection Committee

- a. I will be sending out emails to members in West – Doug Walker, Cesar Castenada, Northeast – Ken Balban and Mountain – Sandy Gates and Corby Meyer (Jerry gave these names) as those terms are expiring
 Doug Walker had expressed interest. We are waiting to hear from him.
 Cesar is in the West, Doug is in the West, Ken is in the NE, Sandy and Corby from the mountain region.
 Mike has a suggestion. Kim asks that he talks to that person about it and ask her to email Kim if she is interested.
 Lois Knapton is interested from the NE.

We used to have people send their resume in and we are wondering if we should ask for that even if there is just one person running. We think we should so that it solidifies their reasons for running.

11. Committee Reports

- a. Counseling/Counselor Training Committee - Terri
 - b. Research Committee: Willa - Willa has names of a number of people interested. Korea has done a lot of research as well ☺
 - c. Education Committee: Sue – Nothing to add in addition to the application, the rubric, and now will move on to what the actual process will be.
 - d. Marketing/Grants Committee: Jim – Jim is thinking we can start working on a pres release. We won't be on the site until January so let's wait until then. Right now all we have is an unofficial email. Jim will put together a sample pres release. Jim can work with Janet on that since she is working on something as well. Kim thinks we should pay for the press release. It's a big enough deal.
 - e. MHH Committee: Nancy – Things are alive and well. Nancy says it needs a bit of TLC because of Ken's death and Nancy's illness. Nancy is wondering if anyone on this call is willing to work on this with Nancy, Kim, and Denise and willing to become a member of the summit committee. Sue would like to know more about time expectations. Sue will put her name down in pencil and be very honest about how much time she is able to give. Nancy will also look beyond the board for additional support.
 - f. Youth Council/Sustainability Committee: Shruti - Shruti Wants to create a listserve for youth since calls don't seem to be working. Shruti will chat with Denise about this. There are no sustainability updates at this moment.
 - g. Diversity Committee: Gloria – We aren't sure of updates. We know she had surgery recently. She is great about posting before and after calls. Kudos to her for that! Elijah has been helping her with calls as well.
 - h. Succession Planning Committee: Jan – We don't know of any updates.
 - i. Program/Product Approval Committee: Kim – Kim does not have any new programs or product approvals come through.
 - j. Subject Matter Experts: Kim – Kim has 3 and is reviewing them next week.
12. Participant fee to WGI-US for larger groups – Hوجلund's questions – Kim's not sure if now is the right time to look at this because of our budget issues. Bob had made the request for the Fort Myers schools he works with, where they pay \$50 instead of \$100 and can count their work with Bob and Cindy. We would like to be consistent with this and put this in the PPM. We would make \$50 less for us since some of it goes to WGI. As we move forward with the QS Rubric, it makes sense to look at how we discount those people that have already been through some of that training. Will it be a gradual discount? Kim thinks the QS committee can look at it and make a recommendation. We just don't want to be criticized for making an exception to anyone. Let's

put it under the GQS committee agenda item so we can keep chatting about this. Bob already has the approval for his situation.

13. Planned Giving – Tom Parish...someone was going to have a conversation with him. Steve Hammond and Tom were going to work on it together. We are tabling this for now.

14. Business Arising:

Bob & Willa's concerns with the vision statement (lack of RT and sole focus on relationships) - Willa pointed out that it's a proposed vision statement, not the actual vision statement, which is: "The go to leading organization for mental health relationships". Table this topic to October.

- a. Co-facilitator for Stations of the Mind book review – Kim spoke to Laura Frey about facilitating a book club meeting and she said she would as long as there is a co-facilitator. Kim updated everyone about the conference in Slovenia and how there is a difference between scientific evidence and evidence based practice. Boba got a keynote speaker from the Power's organization and got someone to come and speak. Carleen saw it and was upset about it because she said near the end of Bill's life he talked about Choice Theory and how he doesn't want to be linked to Control Theory. Carleen didn't want WGI to support this conference. She came to the WGI meeting and explained it in great detail. The book "Stations of the Mind" was a book Dr. Glasser wrote with Powers. Now that Kim has more information she has different thoughts on it and she just wants to pass the information to us.

Jim left at this time.

Kim is going to ask Laura and see if she is still interested since it's been a while. We will go from there.

- b. Template for WGI-US Partnership – Jim's Matrix – Putting this on October's agenda.

Mike left at this point.

15. To Dos:

- a. Kim
 - i. GQO criterion
 - ii. Summary Proposal of Bob's request?
 - iii. Develop annual questionnaire for board members regarding the details of their regions. Regions can provide as desired. (articles, bylaws, bank info, web info)
 - iv. PPM ready for April
- b. Shruti
 - i. Comparison chart between WGI and other organizations in terms of benefits – done. This sheet was sent out a few weeks ago. Did everyone receive it? Shruti is having trouble with her emails going straight to the spam folder.
- c. Jim
- d. Passion Plans
 - i. Willa
 - ii. Jerry
 - iii. Sue

16. Next dates – September and October – Shruti will send out Doodles for all 4 months up until December 2016. Maybe we can look at a set time? Like the third Thursday of every month, etc? Or shall we go month by month? The set times don't always work for Kim.