


WGI GLOBAL INTERNATIONAL CONFERENCE 2024



TRACK: L- Leadership | C-Counseling & Mental Health | E-Education

TIME	Wednesday, 3 July 2024	Thursday, 4 July 2024	Friday, 5 July 2024	Saturday, 6 July 2024
8-8:15 am		OPENING REMARKS WGI and US	OPENING REMARKS Tribute to Dr. Bob Wubbolding	OPENING REMARKS Tribute to Quality Schools
8:15-9:15 am		KEYNOTE: David Veech	KEYNOTE: Libby Murdoch	KEYNOTE: Dr. Don Parker
9:15-9:30 am		BREAK		
9:30 -11 am		L-Shigeru Homma, JPN C-Lucy Robbins, USA E-Ivan Honey, AUS	L-Judy Hatswell, AUS C-Ivan Honey, AUS E-Juan Pablo Aljure, COL	L-Jim Mishler, USA C-Charles Dent, USA E-Robert Martin, USA
11-11:10 am		BREAK		
11:10-12:10 am		L-Janet Morgan, USA C-Laura Frey, USA E- Sonia Munoz, COL	L-Gloria Cisse, USA C-Mariamonica Munoz, COL E-Christine Duffield, AUS	L-Jean Seville, CAN C-Brad Smith, USA E-Lucy Robbins, USA
12:15-1:15 am		LUNCH		MO LUNCH
1:15-2:45 pm	CHECK IN 2-6 PM	L-Melissa Landry, CAN C-Norah Finn, IE E-Margarie Twigg, ZAF	E-GIFCT-US QS, USA C-Kim Olver, USA E-Bette Blance, NZ	L-Lois Knapton, USA C-Jim Coddington, USA E-Sue Tomaszewski, USA
2:45 -3 pm		BREAK		
3-4 pm		L-Brian Patterson-USA C-Suresh Indankal, IND E-Sara Rudling, AUS	L-Marcus Hubbard, USA C-Pat Robey, USA E-Jane Newman, AUS	L-Shigeru Homma, JPN C-Steve Hammond, USA E-Matthew Reis, COL
4:00-4:10 pm		BREAK		
4:10-5:10 pm		L-Steve Hammond, USA C-Gloria Cisse, USA E-Sahar Shabdes Ahmadi, AFG	L-Gwen Sands, AUS C-Laura Frey, USA E-Andrea Polanco, COL	END OF DAY
6-10 pm	OPENING CEREMONY Tribute to Dr. Glasser Tribute to W. Clement & Jessie V. Stone Foundation			 CLOSING CEREMONY





Welcome to the Conference!

Faculty Day – July 7th: <https://www.wglasserinternational.org/faculty-day/>

Information about Chicago: <https://www.choosechicago.com/meetings/wgi2024conference/>

Please tell us how we did! Take our survey here: <https://www.surveymonkey.com/r/2024globalconf>

Request CEs (USA residents only) - <https://wglasser.com/request-conf-ces>

Please share your thoughts & images about the conference on social media!



WGI Facebook



GIFCT Facebook



WGI Instagram



Fireworks will be at Navy Pier

Conference Schedule

Wednesday, July 3rd

- 2 - 6 pm Conference registration
- 6 - 10 pm Opening Ceremony Grand Reception with tributes to Dr. William Glasser and to W. Clement and Jessie V. Stone Foundation

Thursday, July 4th

- 8 - 8:15 am Opening remarks (WGI & GIFCT)
- 8:15 - 9:15 am

Keynote -The Integral Leadership Model: Creating Better leaders and Gaining Better Outcomes. - David Veech



Over the past many decades, organizations have spent billions of dollars on leadership development programs of every imaginable sort, yet employee engagement surveys still point to leader behaviors as a key factor in their disengagement. What are we missing??

In this talk, we will organize a set of key leader behaviors into an Integral Leadership Model and offer strategies and tools to help leaders become the leaders we need them to be. We will weave together elements of servant leadership, level-5 leadership, short-interval leadership, and charismatic leadership and discuss a 6-step approach we can apply to help us craft more effective leader development programs.

Objectives: Lead a culture change, put the needs of your people above your own, develop curious leaders for the future, empower your teams and attract others to your team.

Biography: David Veech is a Senior Lecturer in the Fisher College of Business at the Ohio State University. He teaches Operations Management, Managing Process Improvements, and a variety of subjects in the Master of Business Operational Excellence program as well as lean operations topics in various MBA programs the University offers. He has studied and taught leadership, operations, and operational excellence in various roles over the past 24 years and has made a significant positive impact on the lives of thousands of people through his work. He served proudly as an officer in the US Army for 20 years and now focuses on teaching students and leaders to make workplaces more fearless, more engaged, and more effective. He focuses his research on factors affecting worker self-efficacy and how learning key problem-solving skills impacts the worker and the organization.

9:15 - 9:30 am Break

July 4th - 9:30 - 11:00 am

Leadership - Quality Organizations that Transform and Impact Industry

Shigeru Homma, Japan



This session will share real examples that Achievement Corporation has implemented in helping "organisations - a group of people for a specific purpose" develop into self-motivated quality organisations. Live applications in business, education and sport-team development will be shared.

Objectives: Understand the practical building blocks to developing a quality organization; learn from real applications in business, local government and education sectors; and learn about the universal principles that can be applied in any country, sector and age-range.

Counseling & Mental Health - My Office is Open - Lucy Robbins, USA



This interactive masterclass, following Glasser's tradition of learning through role-play, will provide opportunities for role-playing, processing and learning concepts and techniques of Reality Therapy. The how's and why's of role playing will be explored and discussed. Join Lucy Robbins to learn and play.

Objectives: Learn at least 3 new techniques that are compatible with Reality Therapy, enhance understanding of basic concepts and procedures of Reality Therapy, and learn ways to enhance role playing skills.

Education - Happiness and Mental Health: A Comprehensive Choice Theory program for Schools - Ivan Honey, Australia



Discover the comprehensive and integrated framework, the engaging and fun curriculum and how the program balances individuality with social responsibility. See how Dr Glasser's definition of happiness merges with current psychological thinking, and how this cutting edge, trauma informed, and evidence-based psychology equips young people for life.

Objectives: Understanding the link between Choice Theory psychology and the *Get Happier School program*; learn about how the program operates for children in the first seven years of schooling, with examples from schools; and understanding how the program reaches out to parents, families, counsellors, and the community, as well as, viewing the many resources for teachers and parents.

11:00 - 11:10 am Break

Millennium Park is one of Chicago's most-visited sights – and for good reason. It's home to the famous Cloud Gate sculpture, better known as "The Bean", and other stunning works of public art. In the summer, locals spread out in the grass for free concerts and splash around in Crown Fountain. In the winter, you can take a spin on the park's two free ice rinks.

July 4th – 11:10 – 12:10 pm

Leadership – WGI Research Committee, Let's create quality! – Dr. Janet Morgan, USA



This program will highlight Quality Research in WGI and invite participants to identify the aspects that prove the efficacy of Choice Theory and Reality Therapy. Please join us in creating a set of goals for the upcoming year that will promote CT/RT throughout the world and accomplish the mission Dr. Glasser set for us; to teach the world Choice Theory.

Objectives: Discover the array of WGI Research being conducted around the world *Identify the key components of Quality Research, and create a Plan for the WGI Committee for 2024-2025.

Counseling & Mental Health – Taking Charge of Well-Being: Total Behavior and Basic Needs – Laura Frey, USA



This session presents a process to help educators and mental health providers take charge of their well-being. This is a proactive well-being process with self-care self-reflection that integrates the concepts of Choice Theory, Total Behavior, and the Comparing Place (The Chart Situation B: Gaining More Effective Control) with the Applied Behavior Analysis Model.

Objectives: Gain insight on how the concepts of Choice Theory, Total Behavior, and the Comparing Place integrate with the Applied Behavior Analysis Model; examine perceptions and basic needs to more effectively exam personal behavior action; and engage in self-care self-reflection to answer, *Am I Helping Myself?*

Education – Mental Health & Choice Theory for Middle-School at Rochester School
Sonia Munoz, Marcela Munoz, Monica Bernal & Sally Torres, Colombia



In this presentation we will share our teaching experience about the implementation of a Choice Theory Curriculum for teenagers. You will see students' evidences, like project results and testimonies which have helped them make better choices for their mental health. We will also share a 6 step decision making method the students use to make responsible decisions for having mental health.

Objectives: Get to know a middle -school curriculum for mental health and Choice Theory, see how the curriculum is planned for students to go through the use of different tools to be able to self-evaluate without using grades, and technology use implementation by means of digital portfolios with Book Creator.

12:15 - 1:15 pm

Lunch

July 4th – 1:15 – 2:45 pm

Leadership – Values-Driven Innovation: Transforming Team Culture for Growth

Melissa Landry, Canada



In this dynamic session, we embark on a journey to unravel the intricate relationship between team culture, innovation, and growth. Through the lens of Causal Layer Analysis, participants will delve deep into the layers of team culture, deciphering the explicit and implicit values that shape its dynamics.

Objectives: Gain insight into team culture layers and underlying values through Causal Layer Analysis, recognize explicit and implicit values guiding team dynamics drawing on real examples through two case studies, spot concealed tensions between values within team culture hindering innovation, and apply Reality Therapy within team coaching to reconcile conflicts arising from competing values and promote alignment.

Counseling & Mental Health – Reality Therapy in the Counselling Room

Norah Finn, Ireland



To promote the simple and practical use of Choice Theory & Reality Therapy in the therapy room. To demonstrate how Choice Theory & Reality Therapy can be used beautifully alongside any modality.

Objectives: Using Choice Theory/Reality Therapy as a veil over every other modality, the empowerment of self-evaluation in the therapy room, the power of the 7 caring habits while getting to hear the client's story, and relationships, and ultimately the relationship between client and therapist.

Education – Harnessing/ Leveraging the Power/Unleashing the Force/ Capitalizing the Potential of Youth – Marjorie Twigg, South Africa, Zuid-Afrika



This session is based on a structured program implemented in the Western Cape, South Africa - involving approximately 216 young people. Placed within schools to implement a social emotional learning curriculum and the role of Choice Theory in supporting their ability to fulfil this role.

Objectives: Collaboration to implement a structured social emotional learning curriculum based on the principles of Choice Theory, how to make Choice Theory relevant to young people, Choice Theory underpinning effective management of interactive activities and reflective exercises within a structured program, and the motivations and goals of young adult learners as crucial in tailoring the learning experience according to their needs and interests

2:45 – 3:00 pm

Break

Explore new worlds at Chicago's acclaimed museums, from the bottom of the sea at the [Shedd Aquarium](#), to the prehistoric era at [Field Museum](#), to the depths of space at the [Adler Planetarium](#). For science buffs, the [Museum of Science and Industry](#) is hard to top. And for art aficionados, check out the largest collection of Impressionist works outside of the Louvre at the renowned [Art Institute of Chicago](#).

July 4th – 3:00 – 4:00 pm

Leadership – Authentic Employee Engagement with Choice Theory – Brian Patterson, USA



Building around a basic understanding of Dr. Glasser's concepts of how the human brain works, we will capitalize on tools for hacking the brain to achieve a win for the organization, a win for the employees, and a win for the leader. Tools that may be familiar to counselors will be shown in their effective use in the workplace. The nuances of leader behavior will be discussed.

Objectives: Describe the leader's mindset with Choice Theory, describe several tools for employee engagement, create objectives for employee growth, and assessment tools for how it is working.

Counseling & Mental Health – *The Gift of Choice* – Suresh Indankal, India



Embark on a journey of self-discovery, personal growth, and conscious decision-making. Through inspiring stories, research studies, experiments, practical insights, and thought-provoking exercises, this handbook empowers readers to embrace the freedom and responsibility that comes with every choice. "The Gift of Choice", your personal handbook on Choice.

Objectives: *The Gift of Choice* synthesizes vast research, studies, and wisdom amassed by thought leaders, scholars, psychologists, professors and authors; and explore the transformative potential and inherent value that lies within the decisions we make.

Education – *Choice Theory as a Salutogenic Asset*

Sarah Rudling, Duncan Davison & Jodie Paterson, Australia



During this informative, engaging and thought-provoking presentation, learn about four Faculty members of William Glasser Australia and their quest to bring attention to Dr Glasser's theory and strategy by working with schools who are looking for a cultural shift in their approach to holistic well-

being practices. This will include their work in 'bringing to life' the need for teaching internal control psychology to leaders, teachers, students, parents and community members during the past 5 years.

Objectives: Learn about the Salutogenic approach to holistic health and wellness, learn about Salutogenesis (health creation) and its relationship to Dr Glasser's *Defining Mental Health as a Public Health Issue* (2005), and learn about Australian schools utilizing Salutogenic assets to create quality teaching and learning environments.

4:00 – 4:10 pm

Break

July 4th – 4:10 – 5:10 pm

Leadership – The Intentional, Total Formation of Children and Youth (ITF)

Steve Hammond, USA



The presentation outlines a revolutionary new educational program called the intentional total formation of children in youth (ITF) which focuses on fostering the holistic development of students by encouraging reflection on various aspects of their lives. The reflections are covered in six domains: mind, spirit, emotional wellness, physical wellness, relationship, creativity, and servant leadership. Students receive weekly "invitations for growth" or learning outcomes, prompting them to reflect on when they did and did not succeed in meeting these goals.

Objectives: Understand how self-understanding leads to happier, emotionally stronger; more broadly successful students, explore how the psychological construct of thoughts developing behavior provides a model for learning and self-motivation, gain insight into the high integration of learning in all dimensions of the human person, and learn how non coercion reduces fear of introspection and leads to a greater depth of self-understanding.

Counseling & Mental Health – *Teranga: A Multicultural Perspective on Counseling that Nourishes the Whole Person* – Gloria Cisse', USA

The primary focus on current mental health training is on symptom reduction versus prevention of symptoms and there is a strong emphasis on diagnosis. While yoga, dance, music, and other interventions that include some forms of non-Western techniques are included in some practitioners' care, there may not be an attempt to fuse multiple theories fully and intentionally into a holistic practice. Teranga[®] is a multicultural perspective that is evidence-informed, trauma-informed, and open to diverse practitioners so they can better nourish and honor the whole person in their environment



Objectives: An introduction to Teranga[®] and its significance with all populations; understand story-catching a clinical interview technique that engages the person seeking care from the beginning; treatment planning that is collaborative; assist people in care with learning to self-evaluate/reflect; and allowing connections with spirituality, music, family, community in care.

Education – *Teaching Choice Theory for Teenage Girls in Afghanistan 2022 to 2023*

Sahar Shabdes Ahmadi, Afghanistan



This presentation is intended to demonstrate the teaching of choice theory concepts in home schools in the context of the fall of the regime. In this presentation, we will see how to set up space for learning in the most difficult conditions and have an impact on mental health. Throughout the history of 50 years, Afghanistan has been a place of excessive psychological pressure on women and girls, and victimization has become one of the easiest ways for women to escape responsibility. Let's see this theory introduction, how have relative effects on their lives.

Objectives: It will help them understand how can we work with teenage girls with Choice Theory; it will elaborate how can group learning of Choice Theory help girls become more resilient; and it will be useful to gain knowledge on how teenage girls and women, struggle to live in Afghanistan.

Friday, July 5th

8 - 8:15 am

[Opening Remarks - Tribute to Dr. Wubbolding](#)

8:15 - 9:15 am

Keynote - Brain Based: Discover the Neurobiology of Choice Theory & Reality Therapy - Libby Murdock



With advances in the science of neurobiology we now have a deeper window into the inner workings of the brain, body and nervous system that can help us understand things like mental wellness and mental illness. It comes as no surprise that the information we can learn from neurobiology helps to reinforce key concepts William Glasser originally developed as a part of Choice Theory and Reality Therapy; including our basic needs, and how they drive our behavior, as well as the power of making the choice to take action in improving our overall well-being.

Biography: Libby, who is certified in Choice Theory and Reality Therapy, is a licensed professional counselor, international trainer, and published author known for her deep-rooted passion for brain science and brain-based interventions. Her unwavering enthusiasm for brain science and its role in shaping our lives has fueled her remarkable career. Her expertise is in high demand, with a specialization in trauma-responsive care, resilience, relationships and self-care, Libby has dedicated her life to helping individuals heal and thrive. As the owner of Brain Based Counseling & Consulting LLC she offers personalized therapy and transformative EMDR intensives. Her commitment to sharing knowledge and empowering others led her to establish Brain Based EMDR Training, LLC where she introduces therapists to her innovative Resilience Focused EMDR curriculum, enriching the lives of therapists and clients alike.

9:15 - 9:30 Break

It's hard to beat the view of Chicago from above. [Skydeck Chicago](#) offers stunning panoramas that span four states from the 103rd floor of one of the world's tallest buildings. For an unforgettable experience, step out onto [The Ledge](#), a glass box suspended 1,300 feet above the ground.

Or check out the 360-degree views of the city and lake from the [360 CHICAGO Observatory](#), home to the one-of-a-kind TILT thrill ride.

Chicago is full of fun (and budget-friendly) activities and attractions. [Lincoln Park Zoo](#) is one of the oldest free zoos in the country and home to more than 1,000 mammals, reptiles, and birds. Explore gardens under glass at [Garfield Park Conservatory](#) and [Lincoln Park Conservatory](#) or enjoy one of the free performances at [Navy Pier](#). And you'll find a full schedule of no-cost exhibits and programs going on at the [Chicago Cultural Center](#), right across from always-free Millennium Park. Or explore Chicago's vibrant neighborhoods with a friendly local during a [free Chicago Greeter visit](#).

July 5th – 9:30–11:00 am

Leadership – The Power of Understanding the 4 Perceptual Positions

Judy Hatswell, Australia



The perceptual positions are the perspectives from which we view the world. The first portion, I am fully associated in my own body and my own senses. In second portion we are looking through the eyes of another person empathically. In third position we are disassociated. Fourth positions stand even further back, view the whole system and analyzing it in terms of models, systems and strategy. Being able to consciously move among the perceptual positions gives us more information about a given situation, and much greater flexibility of both our perception and the actions that follow from this viewpoint.

Objectives: Identify the different perceptual positions, develop an understanding of the importance of being flexible to use all positions when working with others, and practice the skills of using the 4 perceptual positions.

Counseling & Mental Health – A Powerful and Visual Reality Therapy Process, using Pictures – Ivan Honey, Australia



Because our learning modalities differ, many of our counselling clients have difficulty engaging with a purely auditory approach. In this intensely practical workshop, you will be able to observe and participate in at least one role-play that demonstrates a powerful and engaging visual process. As we debrief, you will be able to see how the process conforms to the Reality Therapy process, and how it sits with the Choice Theory chart, and philosophy.

Objectives: Limitations of an auditory approach to counselling, and the benefits of using a highly visual approach; an introduction to a powerful Choice Theory tool, *Doug Dragster's Get Happier Toolbox* cards; observation and debriefing of a role-play using powerful visual cues; and debriefing of the role-play using the Choice Theory chart.

Education – Choice Theory Pedagogy– Juan Pablo Aljure', Colombia



We will explore and experience how the Basic Concepts Chart of Choice Theory applies to lesson and unit planning, how teaching is different than counseling and managing, and how to setup class rules, procedures and protocols that are CT compatible. Choice Theory can serve as a wonderful pedagogical framework that a teacher can always use in his or her mind.

Objectives: Learn Choice Theory concepts as they apply to teaching and learning; apply Choice Theory concepts to lesson and unit planning; apply Choice Theory to class rules, procedures and protocols; and lead by example as a teacher/instructor.

11:00 - 11:10

Break

July 5th – 11:10 – 12:10 pm

Leadership – Introduction to Choosing Peace: A Behavioral Change Program for Individuals Using Violence in Their Relationships – Gloria Cisse', USA



This workshop provides participants with a brief introduction to Choosing Peace, a curriculum that is based on Choice Theory/Reality Therapy principles and techniques as well as techniques from other theories, that is designed to provide men or women with the tools necessary for behavioral change helping them to learn to resolve conflict without using violence.

Objectives: Exposure to group facilitation techniques that support growth; understanding of facilitator characteristics useful for working with this population; understanding of the impact of family violence on children; and understanding of empathy for victims, toxic masculinity, power and control, and tactics of neutralization in family violence.

Counseling & Mental Health – Building Bridges to Success: The Synergy of Reality Therapy and Guidance Counseling – Mariamonica Munoz, Colombia



In this engaging presentation, participants will embark on a journey to explore the powerful fusion of Reality Therapy principles and guidance counseling practices. The session aims to provide attendees a multifaceted learning experience, offering insights and practical tools for effective counseling strategies. Discovering practical strategies to enhance a counseling approach, empower students, and build bridges to a future filled with success and fulfillment.

Objectives: Provide a multifaceted learning experience, offering insights and practical tools for effective counseling strategies; discovering practical strategies to enhance a counseling approach, empower students, and build bridges to a future filled with success and fulfillment.

Education – Investing in the Future: The Journey to Becoming a Glasser Quality School in Australia – Christine Duffield, Australia



As a member of the WGI GQS committee, Christine, with other passionate educators, contributed significantly to the development of the WGI guidelines for international schools aspiring to become a GQS. In this workshop Christine will present information on: 1. developments in the process to become a GQS in Australia. 2. evidence schools have provided to demonstrate they are meeting Dr Glasser's conditions for a GQS, 3. personal anecdotes from an international member of a co-verifying team. 4. personal anecdotes from a member of a recently co-verified GQS. 5. what might the future hold 6. what's clearer now for schools in your country?

Objectives: Become aware of developments in the process to become a GQS in Australia, examine evidence Australians schools have provided regarding Dr Glasser's criteria for a GQS, listen to personal anecdotes of a member of a co-verification team for a GQS in Australia, listen to what being co-verified as a GQS has meant for a school community in Australia, and explore ways to apply the Australian experience of declaration/co-verification to other countries.

July 5th – 1:15 – 2:45 pm

Leadership – What If Quality Schools Were Like a GREAT PARTY? – Jim Mishler Sue Tomaszewski, Ashby Kindler, Sharon Carder-Jackson,, USA



The GIFCT-US Quality School Committee is using the metaphor of a 'great party' to examine the characteristics for engaging and sustaining Quality Schools. Time will be spent

sharing information and participating in activities with group discussion and participant input.

Our overall theme is expanding the current trends in Quality Schools.

Objectives: Examine characteristics of a great party to enhance engagement and sustainability for Quality Schools; keep the party going, participants will examine, rate and provide further input and strategies to increase engagement and sustainability for expanding Quality Schools; and explore ways to expand our roles as "party guests and hosts" for continuing the celebration and creating meaningful useful actions.

Counseling & Mental Health – *Mental Freedom*[®]– Kim Olver, USA



Mental Freedom is a six-session psychoeducational program for counselors and coaches to teach clients who to apply commonsense principles into their lives for maximum freedom from self-created misery. This workshop will share the principles of Mental Freedom so participants can leave with a plan to use the principles in their own lives to achieve increased mental freedom. Mental Freedom uses Choice Theory as its foundation and preliminary research shows evidence for this approach.

Objectives: Discuss the OFT Process, list the six principles of Mental Freedom, discuss in small groups the 5th principle regarding physical and emotional pain, and create a plan for applying the principles to their lives.

Education – *Charting the Course: Navigating a New Landscape for Schools* – Bette Blance, New Zealand



This interactive workshop unlocks the journey towards becoming a Glasser Quality School, guiding you through the essential steps and processes. For aspiring schools on the GQS path, master the maze by unravelling the Co-verification Process. Take your GQS journey to the next level! This session delves deeper into the intricacies of co-verification, offering practical guidance and expert insights. For experienced GQS schools share your GQS Wisdom. Help Shape the Future. We invite existing Glasser Quality Schools to contribute their valuable knowledge and expertise, supporting this transformative educational movement.

Objectives: Learn about the history of Glasser Quality Schools (GQS), engage with the documentation developed by the WGI GQS committee over the last two years, contribute to the discussion about school wide practices that might be seen in a GQS, and action for a commitment to share this information through your networks.

2:45 - 3:00 pm

Break

July 5th – 3:00 – 4:00 pm

Leadership – Testing the Basic Needs Through a Quantitative Dissertation

Marcus Hubbard & Brian Patterson, USA



This session will discuss my dissertation research, “Reconsidering Glasser’s Basic Needs in Lead-Management Theory: Testing the Validity of the Original Basic Needs and the Inclusion of an Alternative Power Construct as well as Meaning and Purpose.” The discussion will highlight a framework that may be used to study Glasser’s Basic Needs, and conclude with implications for

practice in leadership and business.

Objectives: Review latest research on Glasser’s basic needs and gain a better understanding of how to view and evaluate Glasser’s Basic Needs; discuss power-over vs empowerment, as well as, the validity of Dr. Wubboding’s question to attendees at the WGI 2022 conference, *should meaning and purpose be included as a basic need?*; and learn how the basic needs constructs can be applied in leadership and business to improve the experience of employees and potentially increase their intrinsic motivation.

Counseling & Mental Health – Change your Mind and Change your Life

Pat Robey, USA



In this experiential and interactive workshop, participants will learn how early mistakes in perception and limiting beliefs can influence current behavior. Participants will engage in activities that will enable them to explore those beliefs and learn to acknowledge how the beliefs have been useful to maintain. With the use of mindfulness and playful activities, participants may choose to create alternative beliefs and actions that will help to create a life of harmony, joy, gratitude, and positivity.

Objectives: Identify limiting beliefs created early in life and how they are maintained in the present, evaluate how limiting beliefs can be useful and how they may be detrimental in meeting current goals, and learn activities that they can choose to put into action on a daily basis to meet current goals.

Iconic [Navy Pier](#) should be on your must-see list. One of the top tourist destinations in the Midwest, this waterfront destination has summer fireworks, a 150-foot Ferris wheel, shopping, rides, tons of family-friendly restaurants, boat cruises, sightseeing tours, and so much more.

Education – Sharing, Showcasing and Shining a Spotlight on Our Newest Glasser Quality Schools – Jane Newman, Australia



In this session, you will hear about the inspirational and encouraging narratives which sit at the core of the most recently acknowledged Glasser Quality Schools in Southeast Qld, Australia. These heart-warming narratives of quality will provide real life examples and offer a genuine and stimulating base for everyone in the education field to learn and grow with and from.

Objectives: Insight and examples of the conditions for quality in a Glasser Quality School, knowledge of the practical skills employed by school staff to foster strong relationships with students and a love of learning, and sharing the tips and tools for creating a needs satisfying school environment.

4:00 – 4:10 Break

July 5th – 4:10– 5:10 pm

Leadership – Building Capability in a Quality School – Gwen Sands, Australia



In a high-performance context, the responsibility for high performance rests with the performers. In such a context, performers also take individual responsibility for demonstrating their performance to their ‘supervisors’ (i.e. lead managers) as part of their core business e.g. ‘It’s your job to show me you are doing a good job.’ So what does this look like in a Glasser Quality School where everyone takes responsibility for the development of not only their own learning but also that of others? This session will explore how one Australian school has tackled this challenge of leadership and learning beyond compliance and inspired high quality in situ professional learning for all.

Objectives: Learn how to move from compliance to high performance, gain an understanding and appreciation of how high-quality lead management practices underpins school processes and procedures, and gain an understanding of how top down requirements of a larger organization can be adjusted at school level.

Counseling & Mental Health – A Chat about William Glasser’s, “Stations of the Mind” Laura Frey, USA



This session is intended to be a discussion on Dr. Glasser’s book, “Stations of the Mind” (1981 copyright). An extension of his Reality Therapy ideas and expansion of his work in “Positive Addiction”, Glasser’s work in “Stations of the Mind” identified in the book description as his thesis, based on the Control Systems Psychology of William Power, is that we, like all living creatures are internally motivated and introduced Glasser’s foundation of how internally motivated psychology contrasts with the standard external stimulus-response behavior psychology.

Objectives: BCP (behavior, control, perceptions); behavior: reorganization, redirection, and new information; original orders of perception; comparison to the current chart and *How the Brain Works*; and future interest in this content.



Emotional Education and emotions in the classroom can be explained from the total behavior perspective. Teachers need to understand the importance of the emotional component of total behavior to have quality classes and to be part of the students Quality World. With this session, teachers and directives can learn how to use the emotional component of total behavior to have quality relationships and to help students to be successful.

Objectives: Total behavior and emotional education, emotions as an internal signal of our relationship, and teachers' emotions and their impact on class environment.

Fireworks will be available at Navy Pier around 10 pm

Saturday, July 6th

8 - 8:15 am

Opening Remarks

Tribute to our Quality Schools

8:15 - 9:15 am

Keynote: Be The Driving Force: A Roadmap to Conducting Choice Theory into Authoritative Counseling – Dr. Don Parker



In this compelling keynote, participants will delve into the powerful intersection of Choice Theory and authoritative counseling.

Participants will:

1. Explore the principles of internal motivation and personal responsibility.
2. Understand how to apply Choice Theory to foster meaningful connections and empower students.
3. Gain practical insights into creating trusting teacher - student relationships that inspire positive change.

9:15 - 9:30 am

Break

It's hard to beat the view of Chicago from above. [Skydeck Chicago](#) offers stunning panoramas that span four states from the 103rd floor of one of the world's tallest buildings. For an unforgettable experience, step out onto [The Ledge](#), a glass box suspended 1,300 feet above the ground.

July 6th – 9:30 – 11:00 am

Leadership – Perspectives on Leadership and Choice Theory/Lead Management – Jim Mishler, USA



This presentation will examine the writings of both Demming and Glasser as they relate to management and leadership. The focus of this examination will be on the different levels of organizational management and the perspectives unique to that level. Perspectives and Perceptions of managers are driven by their organization location. It is these perspectives and perceptions that drive how the individual uses CT/LM. The malleability of CT/LM is a testimony to its power and usefulness.

Objectives: A framework for examining leadership at different levels of a large organization, consider how the application of Choice Theory and Lead Management varies at each level, and insights in how to apply CT/LM at various levels of organization structures.

Counseling & Mental Health – How Choice Theory Transform a Trauma-Informed Community – Charles Dent, USA



Choice Theory and Reality Therapy can contribute to transforming a trauma-informed community by empowering individuals to take control of their choices and behaviors. These approaches focus on personal responsibility and self-evaluation, fostering a sense of agency among community members. By emphasizing choices and encouraging individuals to make positive decisions, this method can help create a supportive environment for health, healing, and resilience in the face of trauma. Additionally, the principles of reality therapy, such as building solid connections and creating a positive, accepting community, align well with the goals of trauma-informed care, fostering a sense of safety

and trust within the community.

Objectives: Gain a comprehensive understanding of trauma-informed care, recognizing the impact of trauma on individuals and communities; explore ways to integrate Choice Theory principles into trauma-informed approaches; learn strategies to create an environment that promotes safety, trust, and open communication; understand the importance of cultural competence in applying Choice Theory and Reality Therapy with diverse communities; and develop skills in building solid therapeutic relationships.

Education – School Success Through Team Learning, Big Ideas, and Key Skill – Robert Martin, USA



This ninety-minute session shows how to prepare all students for success by learning big content ideas and key skills through involvement (Understanding by Design Framework, McTighe and Wiggins, 2012) and team learning (Choice Theory in the Classroom, Glasser, 1998). Combining these two approaches can address teacher fears and administrator demands that students be prepared to meet state and national standards while also enabling students to meet their basic needs and participate in quality learning. The session will include experience in six team learning activities.

Objectives: Learn why big content ideas and key skills are the key to student success, learn how to find the time needed for interlocking individual and team-learning, learn why activity and team-based learning are necessary to raise the scores of all students – and how to do them, learn the three secrets to motivation, and learn six team-learning activities by doing them.

11:00 - 11:10 am

Break

July 6th – 11:10 – 12:10 am

Leadership – Imagination & Creativity for Online Learning – Jean Seville, Canada



Based on the belief that 'None of us is as smart as at least two of us' in the face of the pandemic of March 2020, Nancy and Dr. Jean use their creativity in attracting participants leading to WGI Reality Therapy® Choice Theory® Certification, and beyond to all levels of faculty training. Their invitation: Join us to see how online learning supports knowledge, skill development, and almost all that is available with in-person sessions!

Objectives: Gain insights on how to deliver online learning optimally; enjoy music, movement, and team building; learn how to combine levels maintaining quality; and include fun, laughter, Quality World Wheel, & Habit Flip

Counseling & Mental Health – When the Help is You; Introducing the Remission Index – Bradley Smith, USA



For Choice Theory to prosper it must be clearly embedded within other mainstream helping systems. By emphasizing self-evaluation, recovery literacy, task ranking, and Choice Theory, the Remission Index flexibly integrates with abstinence and harm reduction frames yet is equally useful for stand-off contemplators. By producing a snapshot number - just like a grade point average, a credit score, or a cholesterol level - the Remission Index reframes “disorder” as a measurable and humanistic “puzzle to solve,” facilitating any individual to better conjure their predicament, prioritize urgencies, and self-direct their responses.

Objectives: Receive an overview of the various components of the Remission Index, become able to articulate its theoretical and operational rationales, calculate their Remission Index during the seminar, receive takeaway tools, and be invited to participate in ongoing research.

Counseling & Mental Health – My Office is Open

Lucy Robbins, USA



This interactive masterclass, following Glasser’s tradition of learning through role-play, will provide opportunities for role-playing, processing and learning concepts and techniques of Reality Therapy. How’s and why’s of role playing will be explored and discussed. Join Lucy Robbins to learn and play.

Objectives: Learn at least 3 new techniques that are compatible with Reality Therapy, enhance understanding of basic concepts and procedures of Reality Therapy, and learn ways to enhance role playing skills.

12:15 - 1:15 pm

Lunch

July 6th – 1:15 – 2:45 pm

Leadership – Promoting Psychological Safety through Effective Lead Management

Lois Knapton, USA



Join me in this interactive presentation defining Psychological Safety. You will learn how you can promote this in your life, your workplace, your home life, or other environments. You will learn how to speak up without the fear of embarrassment, retribution, or punishment. You will also gain an understanding of how psychological safety shares similarities with Glasser's need-satisfying environment.

Objectives: Define psychological safety, get a first-hand view of classrooms in Africa and Finland to understand the importance of psychological safety, understand the "WHY" regarding psychological safety, define lead management and how it can enhance psychological safety in the workplace, and understand the difference between Lead and Boss management.

Counseling & Mental Health – Using Film Media to Create a Need Satisfying Learning Experience – Jim Coddington III, USA



It can be highly challenging and possibly intimidating to captivate the attention of participants in various educational settings. Through films, we witness stories that resonate with our own experiences, making us feel connected and understood. It portrays diverse cultures, lifestyles, and issues, promoting audience empathy and understanding. This presentation will highlight how a culturally diverse assortment of films can promote the utilization of Choice Theory for individuals to create a need satisfying life.

Objectives: Reinforce Dr. William Glasser's long-held belief that learning can be fun, learn creative ways to share Choice Theory with others, be offered the opportunity to share examples of Choice Theory educational and inspirational media with the group, and culturally diverse material will be utilized from various countries actively involved with William Glasser International.

Education – Sharing Expertise: Helpful Hints for Presenting, Facilitating & Teaching

Sue Tomaszewski, USA



We all cherish opportunities to share our expertise with others. This session will provide a number of helpful hints to determine if our sharing with adult learners will be best accomplished with a Presentation or better through a Facilitated session, or perhaps through a combination of methods resulting in Teaching. Specific strategies for using Visuals, Handouts, Questions, Seating, Direction Giving, Movement & Discussion will be included in this session distinguishing differences when Presenting vs Facilitating vs Teaching.

Objectives: Gain need satisfying, brain-based methods for sharing information with adult learners; have an opportunity to explore strategies to be delineated as different when presenting, when facilitating, or when teaching; and the art & skills in the use of visuals, handouts, questions, seating, direction giving, movement & discussion.

2:45 - 3:00 pm

Break

July 6th – 3:00 4:00 pm

Leadership –Quality Organizations that Transform and impact Industry

Shigeru Homma, Japan



This session will share real examples that Achievement Corporation has implemented in helping "organizations - a group of people for a specific purpose" develop into self-motivated quality organizations. Live applications in business, education and sport-team development will be shared.

Objectives: Understand the practical building blocks to developing a quality organization; learn from real applications in business, local government and education sectors; and learn about the universal principles that can be applied in any country, sector and age-range.

Counseling & Mental Health – Choice Theory with Song – Steve Hammond, USA



Participants will experience and learn how to teach CT through having fun, singing, analyzing lyrics, and understanding songs through a Glasserian lens.

Objectives: To appreciate songs as musical literature that teach on a very poignant level insight into human behavior, emotion and beliefs; analyze the song through a Choice Theory perspective; learn how to use songs, CT in their own teaching of history, literature, psychology and social studies; and develop a deeper appreciation about how songs can assist in counseling,

tone setting, conflict management, developing better relationships, exploring emotional needs of clients.

Education – Leadership Styles and Implementation of Education for Sustainability –

Matthew Reis, Colombia



Education for sustainability is a framework to mitigate climate change and the natural resource depletion caused by human population growth. Leadership is required to create urgency and transform peoples' views and opinions about sustainable development. This presentation explores different leadership theories and draws parallels with Choice Theory. There is no grading, judgment or coercion involved; instead, students are given space for introspection, with their reflections serving as the assessment. Students store their reflections in a portfolio for future reference, allowing them to track their personal growth over time.

Objectives: Make connections between constructive habits and current leadership styles, differentiate between leadership and management and analyze case studies, discuss how to teach leadership to students through education for sustainability, and make connections between Glasser's 10 axioms and their application in education for sustainability.

6:00 - 10 pm

Closing Ceremony

Opening Ceremony—Tribute to Dr. Glasser

Tribute to W. Clement & Jessie V. Stone Foundation