



WILLIAM GLASSER
INTERNATIONAL

Choice Theory/ Reality Therapy Student Leadership Committee

Choice Theory is a theory of behavior developed by the late William Glasser. The theory describes why people behave the way they do. Reality Therapy is a technique to assist us in implementing Choice Theory in our decision making, both personally and professionally.

What are the benefits of joining the student leadership committee?

- Affiliation with a proactive and goal directed leadership committee.
- Educate students on reality therapy and choice theory
- Leadership and networking opportunities with established professionals and likeminded students.
- Guide students through the process of developing manuscripts for publication related, but not limited to, RT/CT
- Compile resources for students to share experiences with each other to better prepare student members with both resources and insights through their professional journey
- Awards, letter of recommendation, recognition, leadership and professional development



Our Mission:

This committee's mission is to build leadership across a prestigious student organization through the lens of Choice Theory/ Reality Therapy and to promote scholarship, research, professionalism, and excellence in the mental health field.



To find more information on RT/CT please go to: wglasser.com

Leadership Opportunity Tiers

Tier one: Students within tier one, are in the beginning stages of the leadership program. For the first six months, the student will learn the fundamentals of what is expected within the leadership committee and about CT/RT.

Tier two: After students have progressed in the organization for one year and are in a graduate program, they will have the opportunity to apply for tier two. Tier two, within the committee, is a great opportunity for leadership within the organization. Students will have the opportunity to mentor tier one students in their beginning leadership and career endeavors and provide tier one students with keen insight and direction within the committee.

Tier three: After completing two years within the student led leadership committee, students will obtain a senior level leadership role within the organization. This role holds more responsibility such as editing other students research, mentoring fellow students, working closely with mentors and supervisors, lead success networking team meetings, opportunity to apply for student president within your chapter, and attend executive meetings as a voice for tier one and two students.

Dues

- \$35 due following acceptance (\$10 if you are already a member of WGI) and every two years for renewal membership
- Induction and certification obtained after acceptance and dues are paid
- Dues include certification of membership, opportunities for discounts on trainings and conferences, eligibility for awards, research grants and contest entries

Steps to Induction

Orientation: This is the first step of the journey with the CT/RT student leadership committee. It sets the tone for the events to follow and is a key step in the foundations of the CT/RT committee. This will include steps to induction, membership benefits, expectations and leadership opportunities. Each member must attend an orientation meeting to complete the steps to induction.

Leadership training day: You will learn about your purpose, vision, how to overcome challenges, create and achieve goals, ways to empower others, and key aspects of how to represent the committee.

Attend networking team meetings: This is a vital component that inspires and encourages members to achieve individual and group success through CT/RT. Members will discuss goals based on where they are in their individual progress and hold one another accountable for completing the action steps necessary to achieve their goals.

Induction: After successful completion of the previous steps you will be inducted into the committee. You will receive a leadership certificate, t-shirt or chord to wear during your graduation.

Requirements

The CT/RT Student Leadership Committee wants to ensure that every member is a dedicated and goal-oriented student. The requirements are as follows:

- Minimum of a 3.5 or higher GPA
- Must be at an undergraduate or graduate level of study
- Enthusiastic about leadership, research, and making a difference
- Must attend monthly meetings
- Commitment to represent the committee through appropriate professional behavior, ethical judgment, emotional maturity, and attitudes conducive to working to advocate for CT/RT
- Evidence or a desire of mental health volunteering/ work
- One-page application letter of interest
- Have a good standing membership with WGI

Please fill out the *Student Leadership Committee* application found on the website. Once submitted send your resume to: students@wglasser.com

