



A message from the President

GIFCT-US Mission: to lead the application and growth of Choice Theory to create a world in which people make responsible, respectful choices, and build healthy, fulfilling relationships by applying the concepts of Choice Theory



I hope everyone is finding some time to take a break this summer. It's always nice to get away from the daily routine and disconnect from our electronic devices!

Last month, the Counseling sub-committee announced the launch of their new "course": The Reality Therapy Corner. These conversations are meant to explore the full richness of the practice of Reality Therapy and so much more. These will be informal discussions which can benefit anyone who is in a helping relationship. The best news is that you can enroll for free! <https://wgi-s-school.thinkific.com/courses/reality-therapy-corner>

The RT Corner discussions are being held on the 4th Tuesday of every month at 12 noon Eastern time. When you enroll, you will receive a reminder email a few days ahead of time. And, if you miss a session, they will be recorded for viewing at a later date. So, come join us!

Also last month, the Conference Planning sub-committee reserved the venue for the GIFCT-US 2023 National Conference. It will be held at the Hyatt Regency near the Arch in St. Louis. The dates of the conference are July 5-8, 2023. The Welcoming Reception will be held on Wednesday, July 5 and the conference will host its Closing Banquet on Saturday, July 8. A Faculty Day will be scheduled as well as Certification Week and Faculty Training prior to the conference. Registration will be opening up in a few months.

At the conference, we will be commemorating 10 years since the passing of Dr. William Glasser. We will also be celebrating a new life from within the organization. We hope you will all join us for the festivities! Due to what the hotels have been through over the past couple years and the rising inflation, hotel prices are exploding. In an effort to keep costs down for attendees, the sub-committee is looking for sponsors for the conference. The details are being worked out with regard to sponsorship levels, but if you have any interest in supporting our efforts, please let me know.

Until next month...

Jan Moré
President, GIFCT-US Board

From the Executive Director

Choice Theory is everywhere!

Here is the description of the requirements for instructors of the Defensive Driving Course, created by the National Safety Council:

National Safety Council: To become an authorized Defensive Driving Course Instructor through our eLearning Program, NSC recommends first attending the course you wish to teach. You also must successfully complete the following Authorization Course sessions:

- DDC Foundation: Introduces defensive driving principles, reviews standards and regulations and discusses course-specific terminology
- DDC Facilitation: Reviews the instructor's role, responsibility, and proper classroom management
- Choice Theory: Candidate instructor must read Choice Theory by William Glasser, MD, and pass a test before proceeding to the final module
- Course-Specified Training: Covers the curriculum for the course you plan to teach

Here's another, from North Dakota:

Attitudinal Dynamics of Driving (ADD) is an 8-hour advanced behavior-based course for drivers with poor driving habits and risky driving behaviors, or those who have multiple traffic violations or had their license suspended.

[https://www.ndsc.org/attitudinal-dynamics-of-driving-elearning-instructor-certification-course/#:~:text=Attitudinal%20Dynamics%20of%20Driving%20\(ADD,or%20had%20their%20license%20suspended.](https://www.ndsc.org/attitudinal-dynamics-of-driving-elearning-instructor-certification-course/#:~:text=Attitudinal%20Dynamics%20of%20Driving%20(ADD,or%20had%20their%20license%20suspended.)

Last week, we talked with a nonprofit in New York that has been using Choice Theory to reduce recidivism among released prisoners for over 25 years! They learned it from the book, Choice Theory, only! They had just discovered that Glasser Institute for Choice Theory- US existed and want to become a Glaser certified organization. I'm sure that organizations that use Choice theory can learn more about the application of the concepts to improve the lives of those they serve. We are here to support and come alongside those with that desire.

As we interact with the world around us, we encounter Choice Theory everywhere! You just cannot 'us-see' it! If we can find the teachable moments and exhibit the respectful curiosity that empowers Choice Theory, we truly can teach the world Choice Theory.

Watch for these signs around you and introduce those who use Choice Theory to the Institute. The comment might be, "I see that you use Choice Theory in your organization. Would you like to know more about how it works and where it came from?"

We have all been impacted greatly by the Choice Theory/Reality Therapy/Quality Schools/Lead-Management ideas of Dr. Glasser. It wasn't given to us to hoard or keep in our own little club. It is a call to action to end conflict by the power of choice, I believe.

Improvement in relationships in GIFCT-US and the world around us that we influence will improve by a summation of many, many small improvements in how we relate with others, and we have the answer!

What do you want to see for Glasser Institute? What are you doing to achieve that goal? How is it working? Can I help you with a new plan?

Gratefully,
Brian Patterson

New Course

Join us at the Reality Therapy Corner for conversations exploring the full richness of the practice of Reality Therapy and so much more. These informal discussions can benefit anyone in a helping relationship. See you the 4th Tuesday of each month at 12 noon Eastern Time.



Living Life with Choice Theory



There are 10 scenarios included in this course, each one depicting a different troubling situation. The slides then take you through the thought process of identifying your thoughts, feelings and actions. You are then asked to evaluate whether the actions are helping the character to get what they really want. Several concepts of Choice Theory are then introduced, which result in giving the character various options to move forward.

<https://wgi-s-school.thinkific.com/courses/living-life-with-choice-theory>

August 8th - Clutter Cures

August 15th - Let's Get Organized, Part 1 – Everything needs a home

August 22nd - Let's Get Organized, Part 2 - Prune and Prioritize

August 29th - Let's Get Organized Part 3 – Lead Managing a Slob

Mondays - 1800 UTC (1:00 pm Central)

<https://wgi-s-school.thinkific.com/courses/greet-the-week>

Greet the Week



with Mona Dunkin and Friends

Making Sense of It



August 3rd - Open mic day with Mona Dunkin and Wendall Walker

August 10th - Alcoholism as a Disease from Dr. Glasser's Perspective with Wendall Walker

August 17th - Boss vs Lead Management with Wendall Walker

August 24th Yes and No Responding to Requests with Wendall Walker

August 31st - Why Do We Do What We Do? with Brian Patterson

Wednesdays at 8 am PDT//9 am MDT//10 am CDT//11 am EDT

<https://wgi-s-school.thinkific.com/courses/Making-Sense-of-it>

Difficult Discussions in Diversity

The Difficult Discussions in Diversity calls are moderated by Gloria Cissé, who is a Glasser Scholar. These calls do not have titles, but listen to a few of them to get a sense of how powerful these conversations can be. These calls are held on the 3rd Saturday of the month.

<https://wgi-s-school.thinkific.com/courses/diversity>



Research Committee Meeting

September 30th

<https://wgi-s-school.thinkific.com/courses/research-symposium>

Introducing Online Basic Training

Sign Up

- Imagine a life where you enjoy being with most of the people you know, especially with the important people in your life such as family and friends.
- Imagine leading a mostly tension-free life, laughing a lot, and rarely suffering from the aches and pains that so many people accept as an unavoidable part of living.
- Imagine that you have no trouble accepting that other people are different from you and the last thing that comes to your mind is to criticize or try to change anyone.
- Imagine that even in difficult situations when you are unhappy – because no one can be happy all the time – you understand where that unhappiness comes from and know what you can do to change it.

Glaser Class Meetings  **NEW COURSE!**

Course includes 37 topics to:

- * initiate discussions to be better connected with your students.
- * help students to be more responsible for their own behavior.
- * teach students to become more tolerant of others.



www.wglasser.com
<https://wgi-s-school.thinkific.com/courses/glasser-class-meetings>

**LEARNING
NEVER
ENDS** 



Take Charge of Your Life

This online course is adapted from Dr. William Glasser's book Take Charge of Your Life.

**It's time to put yourself
back in the driver's seat!**

Join us to learn:

- * Why you do what you do
- * How to stop letting people control you
- * What really matters to you
- * Letting people who control you
- * How to create a meaningful, fulfilling, & happy life!

Apply the universal system for empowering yourself
and improving your relationships with others.

<https://wglasser.com/tcoyl>

Upcoming Trainings

COVID-19 NOTICE – Due to social distancing all trainings have either been postponed or are being done virtually. Please email the instructor, by clicking on the link below and then clicking on name of instructor, to find out the status of the training.

Basic Training

August 25-27, 2022
with Mona Dunkin

September 7-10, 2022
with Judith Klefman

October 3-6, 2022
with Kim Olver, Chicago, IL

October 13-15, 2022
with Mona Dunkin

October 27-30, 2022
with Judith Klefman

November 9-12, 2022
with Judith Klefman

December 8-10, 2022
with Mona Dunkin

Advanced Training

August 24-27, 2022
with Judith Klefman

November 7-10, 2022
with Martin Price

Certification Training

December 1-4, 2022
with Judith Klefman

**For more information & to register for trainings
<https://wglasser.com/events/training-certification/>**