



## A message from the President

**GIFCT-US Mission:** to lead the application and growth of Choice Theory to create a world in which people make responsible, respectful choices, and build healthy, fulfilling relationships by applying the concepts of Choice Theory



It has been so long since we've been able to get together as an organization. Aren't you ready to connect with some like-minded enthusiasts of Choice Theory? In an effort to keep that connection alive, GIFCT-US is planning one more virtual event before we actually get together, face-to-face in 2023. So, won't you join us as we're "Coming Together" for a one-day, virtual conference on Saturday, April 30?

We are fortunate to have Darryl Rivers, Executive Director of the John Maxwell team as the keynote speaker for the conference. Here is a short preview of the enthusiasm that Darry will bring to the conference: [Rescue Your Dreams](#).

The wrap-up speaker will be Robert Wubbolding. Others on the program include GIFCT Executive Director, Brian Patterson, Lucy Billings, Wendell Walker, Michael Fulkerson and Robert Martin.

"Coming Together" will be recorded so you can watch your favorite speaker and still catch the programs going on in the other breakout sessions. And, if you have other things planned for Saturday, April 30, you can watch all of the speakers at your leisure. These 10.5 hours of recordings will be available to you with your registration. For those looking for CEUs, you can apply for NBCC credit after you register. (A total of 9 hours will be available for CEUs.)

For more information, you can get a free preview of the Conference Program and/or register [here](#).

Many thanks to those of you who responded to the plea for more helpers. We have already connected with a few of you in our areas of greatest need and will continue to let you know of opportunities that arise.

I want to apologize to those of you who received the email saying that you were behind in paying your membership dues. A lot of what we do is a manual process, so we run into a few glitches every now and then. In the future, if you're ever concerned whether your dues are up to date, look for the Current Member "course" on your dashboard. When you click on the course, you will find the bylaws, board meeting minutes and other information you might want to know about. So, if you don't see that "course" on your dashboard, why not become a member? GIFCT would greatly appreciate your support.

Faculty Members! Save the Date – Thursday, May 5 @ 8:00 PM EDT – for the next faculty Zoom call. The training process has just been revised in the Policies & Procedures Manual. Sharon Carder-Jackson and Sue Tomaszewski will go through the major changes that were made, which bring us in line with the requirements from WGI (William Glasser International) and includes allowances due to the popularity of virtual training courses. Watch your email for the link to join the call.

Jan Moré  
President, GIFCT-US Board



## GIFCT-US 2022 National Conference

# “Coming Together”

**Saturday, April 30, 2022**  
**10 am - 6:30 pm EDT**  
Please register and pay online:  
[2022 Conference Day](#)  
CEUs available

**Keynote speaker:**  
**Darryl Rivers**  
CEO of the L.E.A.D. Company  
Executive Director of the  
John Maxwell Team

## “Connecting the Dots: Doing Our Best to Help People Make Better Decisions”

*Build your capacity to reconnect with the folks that you've been missing during our long pandemic hibernation. Join keynote Darryl Rivers and the Glasser Institute for Choice Theory for a compelling conversation about relationship building and personal success.*

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**You don't want to miss the exciting presentations by :**  
**Dr. Bob Wubbolding, Brian Patterson, Lucy Billings, Wendell Walker,**  
**Mike Fulkerson and Robert Martin!**

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10-11 am social hour on Zoom  
11 am (EDT) Welcome by Brian Patterson, Executive Director  
Topics to cover Leadership, Counseling/Mental Health, and Quality Schools  
Agenda, Speakers, and titles of presentation available online.

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For questions please email: [wginst@wglasser.com](mailto:wginst@wglasser.com)

**Register here: <https://wglasser.com/2022-virtual-conference/>**

# From the Executive Director



At the Glasser Institute for Choice Theory- US, we often have interesting requests that come to us via email or voice message. One that I received recently has caused the wheels in my brain to spin very fast.

A man who had previously had a Glasser Basic Intensive was wanting to re-awaken his involvement with the Institute and find ways to contribute to our cause. He spoke to me about how the concepts had influenced his life and work in dealing with other people. We talked excitedly and he now has a path for further learning.

A few days later, I received an email from him. He had noticed that my address is in Peoria, Arizona, he was soon going to be in the Phoenix area, and he wondered if he could stop by to get a selfie in front of the Glasser office! I then informed him that there really is no physical office for GIFCT-US, but I would gladly meet him for coffee or lunch when he is in the area. He was a little disappointed, but it caused me to start thinking. (That's often dangerous!)

It would be great if we had a physical location to which we could point as our headquarters, training facilities, etc. However, there are incredible benefits to our current approach. First, we have very little in overhead costs which could be a large burden on our organization currently. Secondly, I think that all of us carry a greater sense of ownership the way we are currently designed. We don't point to a location as our hub.

The hub of Choice Theory and Reality Therapy is in the heart of each Glasser associate, from those who support our mission, to those who have only had a Basic Week, to the most experienced senior faculty members. Each person is a headquarters for the meaningful dissemination of the incredible concepts that help us understand ourselves and others better.

Today ask yourself how you can improve the access of our people to the life- enhancing tools of Choice Theory. How can your headquarters behave differently to accelerate the learning around you?

Gratefully,

Brian Patterson



# Introducing Online Basic Training

- Imagine a life where you enjoy being with most of the people you know, especially with the important people in your life such as family and friends.
- Imagine leading a mostly tension-free life, laughing a lot, and rarely suffering from the aches and pains that so many people accept as an unavoidable part of living.
- Imagine that you have no trouble accepting that other people are different from you and the last thing that comes to your mind is to criticize or try to change anyone.
- Imagine that even in difficult situations when you are unhappy – because no one can be happy all the time – you understand where that unhappiness comes from and know what you can do to change it.

The kind of life you imagined above can become your reality when you embrace the concepts of Choice Theory. Once you understand and practice these concepts, life becomes more enjoyable and fulfilling.

When living a life with Choice Theory, you understand what is within your control and make the choices to move in the direction that will get you what you want.

The Glasser Institute for Choice Theory – US is excited to announce that you can begin your journey towards this more fulfilling life right now!

You no longer have to wait for an in-person course to be offered in your area or spend the money to travel to some remote location. You can now purchase the newly released Online Basic Training (OBT) course and learn the concepts of Choice Theory at your own pace whenever and wherever it's convenient for you.

The OBT course is divided into two sections: online instruction through a learning management system (Thinkific) and virtual role play sessions through Zoom. The instruction section of the course is divided into 4 parts: Choice Theory, Mental Health & Wellbeing, Reality Therapy and Lead Management. As you begin, you have the opportunity to choose or be paired with a mentor to guide you through the process. Four role play sessions are included with the purchase of the online course.

Are you ready to begin your journey?

[Sign Up](#)

## Living Life with Choice Theory



There are 10 scenarios included in this course, each one depicting a different troubling situation. The slides then take you through the thought process of identifying your thoughts, feelings and actions. You are then asked to evaluate whether the actions are helping the character to get what they really want. Several concepts of Choice Theory are then introduced, which result in giving the character various options to move forward.

<https://wgi-s-school.thinkific.com/courses/living-life-with-choice-theory>

April 11, 2022 Stopping Stress  
April 18, 2022 To Be Green and Growing  
April 25, 2022 Commit to Commitment

## Greet the Week



with Mona Dunkin and Friends

**Mondays - 1800 UTC (1:00 pm Central)**

<https://wgi-s-school.thinkific.com/courses/greet-the-week>

## Making Sense of It



April 6, 2022 Trauma and Choice Theory with Kim Olver  
April 13, 2022 An Experiential Choice Theory Activity with Sharon Carder-Jackson  
April 20, 2022 Organic Melding of Choice Theory and Quantum Physics with Mona Dunkin  
April 27, 2022 Were Our Founding Fathers Lead Managers? With Jan More

**Wednesdays at 8 am PDT//9 am MDT/10 am CDT/11 am EDT**

<https://wgi-s-school.thinkific.com/courses/Making-Sense-of-it>

## Difficult Discussions in Diversity

The Difficult Discussions in Diversity calls are moderated by Gloria Cissé, who is a Glasser Scholar. These calls do not have titles, but listen to a few of them to get a sense of how powerful these conversations can be. These calls are held on the 3rd Saturday of the month.

<https://wgi-s-school.thinkific.com/courses/diversity>



## Research Committee Meeting

**April 29th - 4 pm EDT**

<https://wgi-s-school.thinkific.com/courses/research-symposium>



## **The William Glasser, M.D. International Memorial Library**

Calling all members and followers of William Glasser's work for over fifty years, I need your help. I have been gathering various articles of memorabilia representing the great body of work Dr. Glasser contributed to the world since he began his career as a psychiatrist in 1954. Many of you have been instructors teaching his ideas since the foundation of his institutes to teach Reality Therapy and Choice Theory. Some of you were founding members and have a long and outstanding history using these ideas.

I am seeking your help in gathering any memorabilia you have collected over the years such as letters you have received from Dr. Glasser, books he has endorsed, annual convention materials you have kept, books that he has written that have been translated to foreign languages or any other records of him you have kept.

The reason I am asking for your help is, I want to gather as many pieces of his history as I can that reflect your connection with him. Because you are an integral part of the organizations that represent him and his work, I am hoping you have kept a special moment in time you had with him.

Everything I have and will be able to assemble in the next six months will be displayed in a permanent installation called The William Glasser, M.D. International Memorial Library. The International Convention, held in Japan, 2022, will premier the opening of the library and provide a permanent location of the library for the world to see.

If you have something you would like to share, please email me at [carleenglasser@gmail.com](mailto:carleenglasser@gmail.com) with your information about what it is and I will arrange the next steps for getting it to Japan at no cost to you.

## Upcoming Trainings

**COVID-19 NOTICE** – Due to social distancing all trainings have either been postponed or are being done virtually. Please email the instructor, by clicking on the link below and then clicking on name of instructor, to find out the status of the training.

### Basic Training

May 12-14, 2022  
with Mona Dunkin

May 27-30, 2022  
with Judith Klefman

June 6-9, 2022  
with Kim Olver, Chicago, IL

June 27-30, 2022  
with Judith Klefman

### Advanced Training

April 23-26, 2022  
with Judith Klefman

July 18-21, 2022  
with Kim Olver, Chicago, IL

### Certification Training

May 31-June 3, 2022  
with Wendall Walker

**For more information & to register for trainings**  
<https://wglasser.com/events/training-certification/>



## Take Charge of Your Life

*This online course is adapted from Dr. William Glasser's book Take Charge of Your Life.*



**It's time to put yourself  
back in the driver's seat!**

**Join us to learn:**

- \* Why you do what you do
- \* How to stop letting people control you
- \* What really matters to you
- \* Letting people who control you
- \* How to create a meaningful, fulfilling, & happy life!

Apply the universal system for empowering yourself  
and improving your relationships with others.

<https://wglasser.com/tcoyl>

<https://wgi-s-school.thinkific.com/courses/take-charge-of-your-life>