



A message from the President

GIFCT-US Mission: to lead the application and growth of Choice Theory to create a world in which people make responsible, respectful choices, and build healthy, fulfilling relationships by applying the concepts of Choice Theory



How would you like to get involved with teaching the world Choice Theory? The board is coming up with some great ideas about how to spread the word about Dr. Glasser's work. We have created several new committees and we need some volunteers to help us staff them. We're also open to ideas about what YOU think would help promote these concepts.

We're looking for people with a wide variety of skillsets. Do you know anything about marketing, social media, finance, fundraising, creating courses, networking, public speaking, anything else? Would you like to be involved with a counseling or student group? Or, do you have aspirations to be in a leadership role at GIFCT-US? If so, please respond to this newsletter and we'll get you connected!

Membership renewals are still coming in at a good pace. Thank you to everyone who has continued to support GIFCT-US. If you have received a notice that your membership has expired, please take a few minutes to renew. If you have never become a member, the Colleague level is only \$50 per year. This was created for those people who have not taken a Basic Intensive Training, but we'll welcome you at this level even if you have taken a couple of the intensive training courses. We would greatly appreciate your support.

The GIFCT-US bi-annual conference is just a couple months away. It has been scheduled for Saturday, April 30 and registration is now open. The cost to attend is \$75. It will be an all-day event held virtually, via Zoom. The agenda will include a keynote speaker, 3 speaker slots with a total of 7 speakers, and social time. We have contracted with Darryl Rivers, the CEO of The L.E.A.D. Company and Executive Director of the John Maxwell Team as the keynote speaker. His specialties are national human behaviors, communication and leadership, which are right in line with Choice Theory!

GIFCT has received a very nice testimonial about the Difficult Discussions in Diversity program that is led by Gloria Cissé. It is included in the newsletter this month. Please take a look by following the link below and then join in the discussion on Saturday, March 19 at 1:00 PM EDT.

Jan Moré
President, GIFCT-US Board

Difficult Discussions in Diversity



The Difficult Discussions in Diversity calls are moderated by Gloria Cissé, who is a Glasser Scholar. These calls do not have titles, but listen to a few of them to get a sense of how powerful these conversations can be. These calls are held on the 3rd Saturday of the month.

<https://wgi-s-school.thinkific.com/courses/diversity>



Why do I have the 3rd Saturday of the month's Difficult Discussions in Diversity marked in ink on my calendar?

1. An opportunity to meet, get to know and learn from people outside my regular community
2. An opportunity to listen and learn about other people's point of view on a wide range of topics. Some of my favorites are freedom, forgiveness, and resilience.
3. An opportunity to spend an hour with like-minded people who want to understand differences or in CTRT language, to see inside or at least get a glimpse of a person's Quality World in order to better understand and through that understanding find a way to live in peaceful accord.

Please click the link and join me, Judith Ashley Klefman, on March 19, 2022. I may not know the exact topic that Gloria Cisse has chosen and researched as I write this but I can assure you, you'll have the opportunity to view the world and this topic from a variety of viewpoints.

In love and light,

Judith





Introducing Online Basic Training

- Imagine a life where you enjoy being with most of the people you know, especially with the important people in your life such as family and friends.
- Imagine leading a mostly tension-free life, laughing a lot, and rarely suffering from the aches and pains that so many people accept as an unavoidable part of living.
- Imagine that you have no trouble accepting that other people are different from you and the last thing that comes to your mind is to criticize or try to change anyone.
- Imagine that even in difficult situations when you are unhappy – because no one can be happy all the time – you understand where that unhappiness comes from and know what you can do to change it.

The kind of life you imagined above can become your reality when you embrace the concepts of Choice Theory. Once you understand and practice these concepts, life becomes more enjoyable and fulfilling.

When living a life with Choice Theory, you understand what is within your control and make the choices to move in the direction that will get you what you want.

The Glasser Institute for Choice Theory – US is excited to announce that you can begin your journey towards this more fulfilling life right now!

You no longer have to wait for an in-person course to be offered in your area or spend the money to travel to some remote location. You can now purchase the newly released Online Basic Training (OBT) course and learn the concepts of Choice Theory at your own pace whenever and wherever it's convenient for you.

The OBT course is divided into two sections: online instruction through a learning management system (Thinkific) and virtual role play sessions through Zoom. The instruction section of the course is divided into 4 parts: Choice Theory, Mental Health & Wellbeing, Reality Therapy and Lead Management. As you begin, you have the opportunity to choose or be paired with a mentor to guide you through the process. Four role play sessions are included with the purchase of the online course.

Are you ready to begin your journey?

[Sign Up](#)



Living Life with Choice Theory

There are 10 scenarios included in this course, each one depicting a different troubling situation. The slides then take you through the thought process of identifying your thoughts, feelings and actions. You are then asked to evaluate whether the actions are helping the character to get what they really want. Several concepts of Choice Theory are then introduced, which result in giving the character various options to move forward.

<https://wgi-s-school.thinkific.com/courses/living-life-with-choice-theory>



- March 7, 2022 – Praeto’s 20/80 principles
- March 14, 2022 The Turtle’s Edge
- March 21, 2022 – What Goals do For and In You
- March 28, 2022 – Effective Goal Setting



Mondays - 1800 UTC (1:00 pm Central)

<https://wgi-s-school.thinkific.com/courses/greet-the-week>

Glasser Class Meetings

NEW COURSE!

Course includes 37 topics to:

- initiate discussions to be better connected with your students.
- help students to be more responsible for their own behavior.
- teach students to become more tolerant of others.

www.wglasser.com

<https://wgi-s-school.thinkific.com/courses/glasser-class-meetings>

Research Symposium



Research Committee Meeting
March 25th - 4 pm EDT

<https://wgi-s-school.thinkific.com/courses/research-symposium>



March 2, 2022 Lead Management with Mona Dunkin
March 9, 2022 Choice Theory Case Conceptualization with Michael Fulkerson
March 16, 2022 Involve Students in Presentations with Robert J. Martin
March 23, 2022 A Snapshot of WDEP – with Gianna Bulger Exploring what we want
March 30, 2022 Keeping Your Word with Sue Tomaszewski

Wednesdays at 8 am PDT//9 am MDT/10 am CDT/11 am EDT
<https://wgi-s-school.thinkific.com/courses/Making-Sense-of-it>

The William Glasser, M.D. International Memorial Library

Calling all members and followers of William Glasser's work for over fifty years, I need your help. I have been gathering various articles of memorabilia representing the great body of work Dr. Glasser contributed to the world since he began his career as a psychiatrist in 1954. Many of you have been instructors teaching his ideas since the foundation of his institutes to teach Reality Therapy and Choice Theory. Some of you were founding members and have a long and outstanding history using these ideas.

I am seeking your help in gathering any memorabilia you have collected over the years such as letters you have received from Dr. Glasser, books he has endorsed, annual convention materials you have kept, books that he has written that have been translated to foreign languages or any other records of him you have kept.

The reason I am asking for your help is, I want to gather as many pieces of his history as I can that reflect your connection with him. Because you are an integral part of the organizations that represent him and his work, I am hoping you have kept a special moment in time you had with him.

Everything I have and will be able to assemble in the next six months will be displayed in a permanent installation called The William Glasser, M.D. International Memorial Library. The International Convention, held in Japan, 2022, will premier the opening of the library and provide a permanent location of the library for the world to see.

If you have something you would like to share, please email me at carleenglasser@gmail.com with your information about what it is and I will arrange the next steps for getting it to Japan at no cost to you.

Upcoming Trainings

COVID-19 NOTICE – Due to social distancing all trainings have either been postponed or are being done virtually. Please email the instructor, by clicking on the link below and then clicking on name of instructor, to find out the status of the training.

Basic Training

March 2-5, 2022
with Judith Klefman

March 24-26, 2022
with Mona Dunkin

April 4-7, 2022
with Kim Olver, Chicago, IL

May 12-14, 2022
with Mona Dunkin

May 27-30, 2022
with Judith Klefman

June 6-9, 2022
with Kim Olver, Chicago, IL

June 27-30, 2022
with Judith Klefman

Advanced Training

April 23-26, 2022
with Judith Klefman

July 18-21, 2022
with Kim Olver, Chicago, IL

For more information & to register for trainings
<https://wglasser.com/events/training-certification/>



Take Charge of Your Life

This online course is adapted from Dr. William Glasser's book Take Charge of Your Life.



**It's time to put yourself
back in the driver's seat!**

Join us to learn:

- * Why you do what you do
- * How to stop letting people control you
- * What really matters to you
- * Letting people who control you
- * How to create a meaningful, fulfilling, & happy life!

Apply the universal system for empowering yourself
and improving your relationships with others.

<https://wglasser.com/tcoyl>

<https://wgi-s-school.thinkific.com/courses/take-charge-of-your-life>