



A message from the President

GIFCT-US Mission: to lead the application and growth of Choice Theory to create a world in which people make responsible, respectful choices, and build healthy, fulfilling relationships by applying the concepts of Choice Theory

GIFCT-US Is Off to a Great Start for 2022!



We've had our first board meeting for the year and it's always encouraging to see the enthusiasm that new members bring. I was also heartened by the notes of support, offers to help and donations we received from a few of our members this month. Thank you so much!!

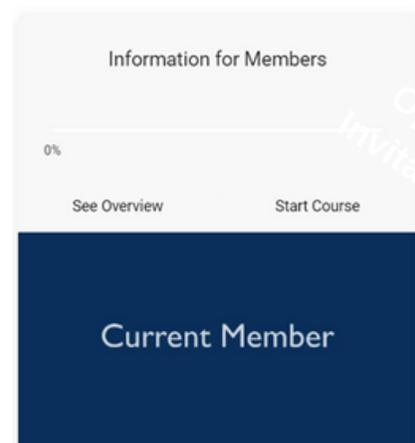
I am very excited to inform you that the board will be working with a marketing firm and a strategic planning consultant for non-profits. I have high expectations for what we can accomplish this year. I don't have any more details at this point, but watch this space as we make progress over the next several months.

Membership Dues:

January has normally been the time when memberships are renewed as they all expired at the end of December. With our new system, memberships are no longer tied to the calendar year; they are good for 365 days. This has been confusing for some of our members. I

At the end of the month when your membership expires, you will receive an email from GIFCT-US reminding you to renew your membership. This email provides a link that will send you to the web page that describes the various levels of membership. Scroll down that page to find the membership level you wish to purchase and click the "Join" button. (This is also where you go for renewals.)

NOTE: You will NOT be able to purchase your level of membership until it expires.



If you just want to know if your membership has expired, click on this link. After you log in, you should see the Current Member "course" on your dashboard. If it's there, you're good. Unfortunately, it won't let you know WHEN your membership will expire.

In any case, you may always join by mail. Download this form and mail it with your check to:

Glasser Institute for Choice Theory – US
P. O. Box 30082
Austin, TX 78755

You may mail in this check whenever you want and one year will be added to the existing expiration date.

If you're not a member, would you consider joining? The dues for anyone who has not taken any of the intensive training – the Colleague Level - is only \$50 per year. Every little bit helps!

General Membership Meeting

The general membership meeting was held virtually on January 20. If you missed it, you may view the recording by logging into the membership section of the website. Once in the system, open up the Current Member “course” on your dashboard. This is the same course as is shown above. You will find the recording in the General Membership Meetings “lesson” of the course. Here you will also find the bylaws, policies and procedures and minutes from board meetings.

Virtual Conference

Save the Date of Saturday, April 30 for the GIFCT-US bi-annual conference. It will be an all-day event held virtually, via Zoom. The agenda will include a keynote speaker, 3 speaker slots and social time. We have contracted with Darryl Rivers to be the Keynote Speaker. He is CEO of The L.E.A.D. Company and Executive Director of the John Maxwell Team. His specialties are national human behaviors, communication and leadership. Information will be coming out soon with more details.

Presenting at Other Conferences

One way to “Teach the World Choice Theory” is to present at conferences other than Glasser events. If there's a conference that you believe would be receptive to what Choice Theory is all about, send us the details and we will post it here.

The Association for Addiction Counselors (NAADAC) has a call for papers for their conference on October 7-12 in Indianapolis. The deadline to submit your proposal is February 7. Use this [link](#) for more information and to submit your proposal.

Whew! That's a lot for this month. Until next time...

Jan Moré
President, GIFCT-US Board



Introducing Online Basic Training

- Imagine a life where you enjoy being with most of the people you know, especially with the important people in your life such as family and friends.
- Imagine leading a mostly tension-free life, laughing a lot, and rarely suffering from the aches and pains that so many people accept as an unavoidable part of living.
- Imagine that you have no trouble accepting that other people are different from you and the last thing that comes to your mind is to criticize or try to change anyone.
- Imagine that even in difficult situations when you are unhappy – because no one can be happy all the time – you understand where that unhappiness comes from and know what you can do to change it.

The kind of life you imagined above can become your reality when you embrace the concepts of Choice Theory. Once you understand and practice these concepts, life becomes more enjoyable and fulfilling.

When living a life with Choice Theory, you understand what is within your control and make the choices to move in the direction that will get you what you want.

The Glasser Institute for Choice Theory – US is excited to announce that you can begin your journey towards this more fulfilling life right now!

You no longer have to wait for an in-person course to be offered in your area or spend the money to travel to some remote location. You can now purchase the newly released Online Basic Training (OBT) course and learn the concepts of Choice Theory at your own pace whenever and wherever it's convenient for you.

The OBT course is divided into two sections: online instruction through a learning management system (Thinkific) and virtual role play sessions through Zoom. The instruction section of the course is divided into 4 parts: Choice Theory, Mental Health & Wellbeing, Reality Therapy and Lead Management. As you begin, you have the opportunity to choose or be paired with a mentor to guide you through the process. Four role play sessions are included with the purchase of the online course.

Are you ready to begin your journey?

[Sign Up](#)

Call for Proposals



CT/RT faculty/staff/professionals. Are you interested in sharing your expertise with over a thousand fellow addiction professionals? Submit a presentation proposal for the NAADAC 2022 Annual Conference

We cordially invite you to submit a proposal to present at the 2022 Annual Conference for NAADAC, the Association for Addiction Professionals.



2022 NASW National Conference
June 22-25, 2022
Omni Shoreham Hotel, Washington, DC

Glasser Class Meetings  **NEW COURSE!**

Course includes 37 topics to:

- * initiate discussions to be better connected with your students.
- * help students to be more responsible for their own behavior.
- * teach students to become more tolerant of others.

www.wglasser.com
<https://wgi-s-school.thinkific.com/courses/glasser-class-meetings>



Living Life with Choice Theory

There are 10 scenarios included in this course, each one depicting a different troubling situation. The slides then take you through the thought process of identifying your thoughts, feelings and actions. You are then asked to evaluate whether the actions are helping the character to get what they really want. Several concepts of Choice Theory are then introduced, which result in giving the character various options to move forward.

<https://wgi-s-school.thinkific.com/courses/living-life-with-choice-theory>

- February 7, 2022 -The Need to Belong
- February 14,2022 What is Love?
- February 21,2022 Sustaining Love
- February 28,2022 Healthy Relationships



Mondays - 1800 UTC (1:00 pm Central)

<https://wgi-s-school.thinkific.com/courses/greet-the-week>

Difficult Discussions in Diversity



The Difficult Discussions in Diversity calls are moderated by Gloria Cissé, who is a Glasser Scholar. These calls do not have titles, but listen to a few of them to get a sense of how powerful these conversations can be. These calls are held on the 3rd Saturday of the month.

<https://wgi-s-school.thinkific.com/courses/diversity>

Research Symposium



Research Committee Meeting
February 25th - 4 pm EDT

<https://wgi-s-school.thinkific.com/courses/research-symposium>



February 2, 2022- Projects that Use Teams with Robert J. Martin,
February 9, 2022 – Choosing Peace with Gloria Cisse
February 16, 2022 - Use Conversation to Increase Learning and Build
Community with Robert J. Martin
February 23, 2022 - Ten Essential Questions with Andrea Bales

Wednesdays at 8 am PDT//9 am MDT/10 am CDT/11 am EDT
<https://wgi-s-school.thinkific.com/courses/Making-Sense-of-it>

The William Glasser, M.D. International Memorial Library

Calling all members and followers of William Glasser's work for over fifty years, I need your help. I have been gathering various articles of memorabilia representing the great body of work Dr. Glasser contributed to the world since he began his career as a psychiatrist in 1954. Many of you have been instructors teaching his ideas since the foundation of his institutes to teach Reality Therapy and Choice Theory. Some of you were founding members and have a long and outstanding history using these ideas.

I am seeking your help in gathering any memorabilia you have collected over the years such as letters you have received from Dr. Glasser, books he has endorsed, annual convention materials you have kept, books that he has written that have been translated to foreign languages or any other records of him you have kept.

The reason I am asking for your help is, I want to gather as many pieces of his history as I can that reflect your connection with him. Because you are an integral part of the organizations that represent him and his work, I am hoping you have kept a special moment in time you had with him.

Everything I have and will be able to assemble in the next six months will be displayed in a permanent installation called The William Glasser, M.D. International Memorial Library. The International Convention, held in Japan, 2022, will premier the opening of the library and provide a permanent location of the library for the world to see.

If you have something you would like to share, please email me at carleenglasser@gmail.com with your information about what it is and I will arrange the next steps for getting it to Japan at no cost to you.

Upcoming Trainings

COVID-19 NOTICE – Due to social distancing all trainings have either been postponed or are being done virtually. Please email the instructor, by clicking on the link below and then clicking on name of instructor, to find out the status of the training.

Basic Training

March 2-5, 2022
with Judith Klefman

March 24-26, 2022
with Mona Dunkin

April 4-7, 2022
with Kim Olver, Chicago, IL

May 12-14, 2022
with Mona Dunkin

May 27-30, 2022
with Judith Klefman

June 6-9, 2022
with Kim Olver, Chicago, IL

June 27-30, 2022
with Judith Klefman

Advanced Training

April 23-26, 2022
with Judith Klefman

July 18-21, 2022
with Kim Olver, Chicago, IL

For more information & to register for trainings
<https://wglasser.com/events/training-certification/>



Take Charge of Your Life

This online course is adapted from Dr. William Glasser's book Take Charge of Your Life.



**It's time to put yourself
back in the driver's seat!**

Join us to learn:

- * Why you do what you do
- * How to stop letting people control you
- * What really matters to you
- * Letting people who control you
- * How to create a meaningful, fulfilling, & happy life!

Apply the universal system for empowering yourself
and improving your relationships with others.

<https://wglasser.com/tcoyl>

<https://wgi-s-school.thinkific.com/courses/take-charge-of-your-life>