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GLASSER INSTITUTE FOR CHOICE THEORY

The Monthly Newsletter from the Choice Theory/ Reality Therapy Student Leadership Committee



Our Mission is to build leadership across a prestigious student organization through the lens of Choice Theory/ Reality Therapy and promote scholarship, research, professionalism, and excellence in the mental health field.

WELCOME, AND THANK YOU!

by Lauren Joyce

I want to personally congratulate you on taking the steps to build your networking circle and leadership skills during your pursuit to academic excellence! My hope in starting this organization is to form a wide community of students who share similar academic and career interests whom can work together to discover and achieve their goals in the mental health field. This organization aims to build leaders and support people in achieving their dreams by offering research and networking opportunities while fostering leadership skill sets.

I would like to leave you with a few words to jumpstart your leadership journey. As a leader, it is important to constantly challenge yourself and your team to push it to the next level. Even if you are achieving what has already been put in front of you, strive to create a higher, more ambitious goal. Having something fresh to work towards will recharge your drive for excellence and subsequently put you steps ahead.

I look forward to what is to come on our journey together!